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the classmate

VOLUME 25, NO. 5

June 1984

Summer Days



Thinking of sea duty?



Flying in a hot air balloon was an experience of a lifetime!



The kids loved the strawberries from the Gizdich Ranch!



The NPS pool is just the thing for those rare *hot* days!



One of my great shots from
the Adobe Tour

the classmate

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On The Cover: Yosemite Falls

EDITOR'S MESSAGE: IN TRANSITION


by Billi Parus

What a glorious spring! The warm, sunny weather has encouraged everything on the Monterey Peninsula to grow and bloom. The trees, the plants, the animals, the people . . . and *Classmate* right along with them!

After our spring cleaning at *Classmate* . . . dusting, re-arranging, face-lifting, and tidying up . . . the magazine and its staff seem to have blossomed into a well-synchronized activity, creating a very professional product. Our staff now meets three times a month, once to turn in copy and plan the next issue, once to proof the typeset copy, and lastly to do the actual layout of the magazine. The "Focus of the Month" for each upcoming issue is now decided at the beginning of each quarter, so the staff members can plan ahead for ideas, articles, and pictures. We hope you agree that the effort shows in the final product.

Our growing magazine has received an awful lot of nurturing from the enthusiastic and responsive staff members. These ladies CARE! They have given their time and love to ensure that *Classmate* continues to blossom. In doing so, they have grown so much themselves, and have forced me to grow right along with them. I cannot thank these ladies enough for being there when they were most needed, giving me and the magazine the necessary encouragement.

If this message seems like a farewell, it is. Beginning with the July issue, I go back to being *only* the President of O.S.W.C. I very confidently turn *Classmate* magazine over to our new editor, Debbie Allender-Barker, who has already contributed both professionally and personally to our magazine. I wish Debbie and the entire *Classmate* staff continued growth and success . . . and hope they will always count me as a friend! ☐



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OSWC News

President's Message

by Billi Parus

As I sit here preparing this message to all of you, I am amazed that June is already here. It seems like just the other week my mother and I enjoyed our first "Crosby"; just a few days ago, my husband and I contributed heavily to the art auction fund; and just yesterday, we crept our way past the friendly ghosts at Herrmann Hall. Can another graduation really be next week?! What happened to our own two glorious, LONG years in Monterey . . . I think we are now at T-minus nine months and counting!

To all of you, who are packing up and leaving this delightful paradise, we wish you the best and hope to meet up again. For those who are just arriving . . . beware . . . time flies when you are having fun!! Believe me, around N.P.S. and the community, there is a lot of fun to be had!

This issue of *Classmate* gives you many suggestions to keep you busy and traveling throughout the community and the state. From food and wine festivals, to camping, to wine tasting,



and "pick your own". Enjoy it all because you will never have this unique opportunity again.

Though N.P.S. may slow down during the month of June, with exams and moving, O.S.W.C. stays just as active as ever. The first Saturday of June sees another quarterly Bargain Fair at the La Mesa Elementary School. This

is a super flea market, a perfect time to part with those treasures before the move. On Saturday, June 9th, the annual La Mesa 10-K run will take place for the serious runner, with the "Fun Run" for the rest of the family right after the 10-K. June 13th will have O.S.W.C. enjoying a luncheon with a picture matting, framing, and arranging presentation. This should give all of us some good ideas for decorating our own homes. And lastly, the second half of June will find most of us enjoying the long break and pursuing some of the activities suggested in this issue of *Classmate*.

In closing, I would like to again encourage all of you to join the Officer Students' Wives' Club and enjoy the many activities it has to offer. We always need and want your help, suggestions, and participation, so please never be afraid to get involved. It will make your time here disappear before your eyes.

HAPPY BUNKER HILL DAY!

HAPPY FATHER'S DAY! ☐

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NEW KIDS ON THE BLOCK:

by Cathy Park

A daughter, Kimberly Ann, 7 lbs. 9 oz., born February 28, 1984 to Scott & Diane Wetter.

A son, Nichlos Manley, 7 lbs. 15 oz., born April 14, 1984, to Gary & Linda Ham.

A daughter, Audra Louise, 8 lbs. 9 oz., born February 24, 1984, to Fredic & Deborah Rojek.

A son, William Robert, 7 lbs. 11 oz., born April 9, 1984 to William & Sue McCoy.

A daughter, Sallie Aycock, 4 lbs. 8 oz., born April 26, 1984 to Nancy & Clay Willis. □

OSWC Activities by Kathy Cronauer



Current Classes

Arabic Language – Salwa Abdelsamad (899-0881)

Ballet & Jazz for Pleasure – Madonna Mabry MacDonald (1-455-1803)

Beginning Bridge – Pat Thomas (373-3447)

Beginning Knitting – Susan Grubb (375-4289).

Beginning Quilting – Susan Grubb (375-4289)

Beginning Traditional Heirloom Quilting – Emily Thompson (375-2097)

Children's Creative Dance – Terri Grimshaw (624-3799)

Cooking School – May Lawrence (625-2581)

Counted Cross Stitch – Susan Grubb (375-4289)

Country Muslin Wreath – Stanton Thomas (373-3448).

Crochet – Susan Grubb (375-4289)

Double Wedding Ring Quilt – Emily Thompson (375-2097)

Early Parenting – Barbara Dickinson (375-2587).

Eucalyptus Wreath – Stanton Thomas (373-3448).

Exercise Class – Donna Staniec (373-6626)

Fabric Frames – Kathy Bosse (646-9160)

Fabric Lined Basket – Leslie Barton (646-8023)

Folk Guitar – Muriel Anderson (899-0752)

Intermediate - Advanced Traditional Heirloom Quilting – Emily Thompson (375-2097)

Handwriting Analysis – Yolanda Poin-dexter (899-2732)

Heirloom Sewing – Beverly Johnston (649-6478)

Intermediate Cooking – Robyn Clark (646-8437)

Lone Star Quilt – Emily Thompson (375-2097)

Machine Applique – Emily Thompson (375-2097)

Moderate Floor Exercise – Lisa Heg-land (375-5806).

Needlepoint – Sally Dewey (624-2250)

Piano – Mildred Kline (624-9541)

Piano & B Flat Clarinet – Jan Meyers (372-2409)

Piano Instruction – Nathalie Plotkin (373-5671)

Prepared Childbirth (La Maze) – Nancy Myers (649-8098)

Private Piano & Guitar – Karen Rigdon (649-8752)

Sewing Classes – Karen Reddix (649-6439)

Smocking – Beginning to End – Billi Parus (649-6586)

Soft Sculpture Dolls – Sue Williams (373-4817); Linda Sigmon (375-6847)

Stained Glass Panel – Gerrie Groenert (625-6019)

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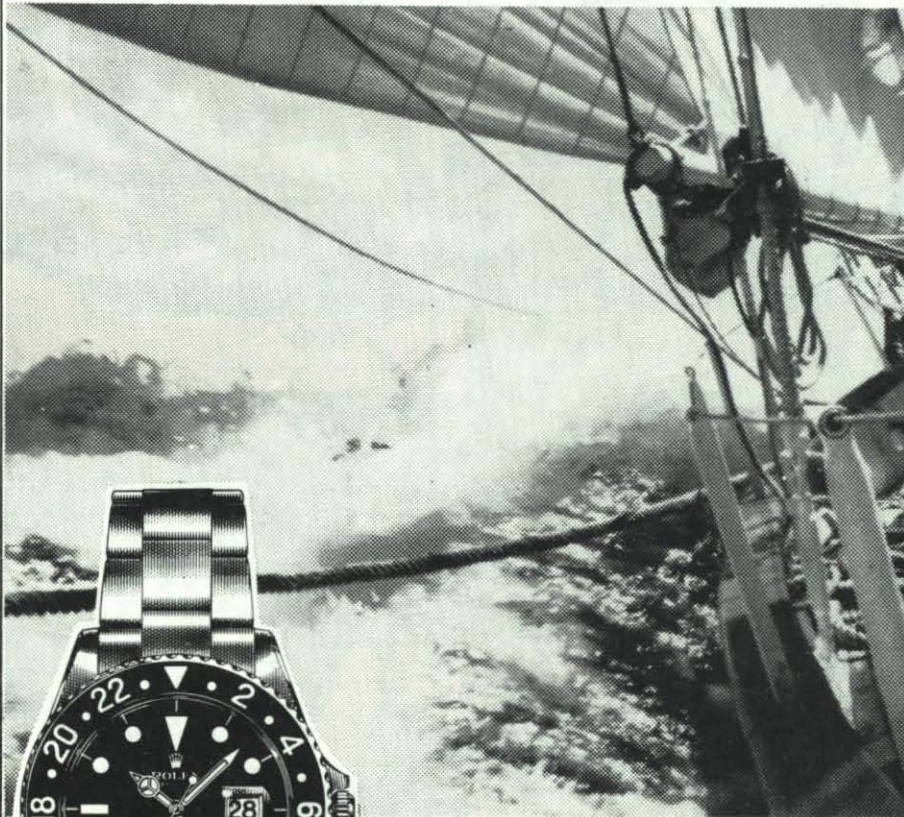
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OSWC News

Tales, Treasures, & Ghostly Happenings of Old Monterey – Randall Reinstadt (373-2885)

Tennis Instruction – Jane Porter (649-0530)

Tole Painting – Selma Moskowitz (373-5064)

Traditions in Smocking – Beverly Johnston (649-6478)

Ukrainian Easter Eggs – Emily Thompson (375-2097)

Violin & Viola Lessons – Mildred Kline (624-9541)

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Diagnostic Remedial Reading & Math – Betty Sule (375-3025).

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INTERNATIONAL DAY & NIGHT

Story & Photos by:

Panagiotis & Maria Andresakis

The bright sun of California welcomed the meeting of 32 countries on International Day. This was a nice opportunity for the people of Monterey and especially the N.P.S. students and their families to enjoy and get acquainted with the foods and specialties of each country.

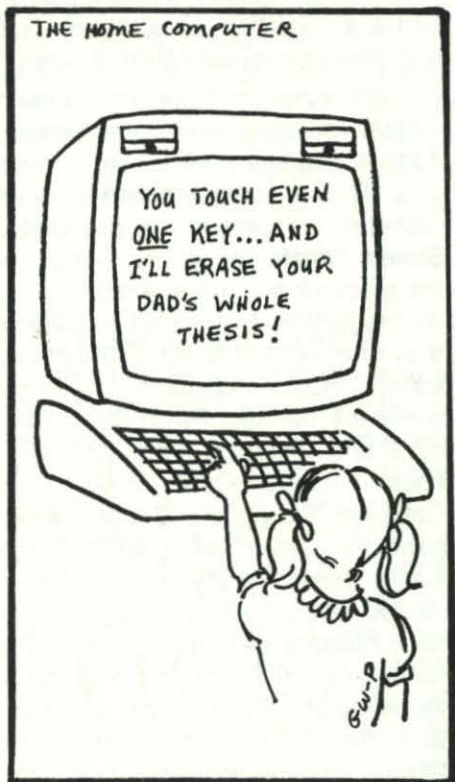
We began our tour at the Korean stand where the wives were dressed in their traditional clothes and were offering delicious Oriental food. We then passed by the booths of Norway, Taiwan, Germany, Indonesia, Egypt, Saudi Arabia and Portugal, feasting on food and sights; and stopped for a while at the Turkish booth to enjoy the delicious shish-kabob. It was off again to Singapore, Mexico, France, Peru, Thailand, and the United States with its fast food and Coca-Cola. Next came Israel, Australia, and some tasty cheese at the Holland booth, and we cheered up with Canadian beers and joined the Greek people at their booth who were ecstatically dancing and singing.



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By sunset, the booths and the food were removed and the preparations for International Night were complete. What better way to start such an evening than a trip to Disneyland, and the amusement provided by two little French boys kept the first half moving. We also enjoyed the vivid dances of Israel, and envied the sun of Australia. We took hockey lessons from Canada, were fascinated by the dance of the little girl from Indonesia, and

applauded the Greek Syrtaki dance. Furthermore, we enjoyed the "Dance of the Orient" by Egypt and the lovely appearance of the Korean performers.

The real message of the International Day and Night was, in fact, given by Holland and Norway who reminded us that we live in a wonderful world and despite the differences and special habits of each country, we can still live together in peace and good will. □



Dear Students and Faculty,

In order to help minimize the impact of a crisis (severe illness, hospitalization, or death) on students' families at the Naval Postgraduate School, the Emergency Action Program was instituted at the last Governing Board meeting of the Officer Students' Wives' Club. This program would entail volunteers assisting on a short-term basis in three areas of basic needs — child care, meals, and transportation. While this OSWC program is not intended to be a solution to a crisis, it will serve as a comforting interim remedy for the families of students until permanent arrangements can be made. With the increasing student enrollment, chances are even more probable that there will be a real need for this program.

Section leaders are being contacted to relay this information to fellow students and their spouses and are requesting volunteers in those three areas. You may wish to sign up for one or all of these needs. Once our list is completed, this program will be coordinated with the Chaplain's office.

If you are interested in being a volunteer, please contact Cathy Park at 646-9395 or tear off the form below and drop in SMC box #1798.

WON'T YOU PLEASE HELP US SO THAT WE MAY BE THERE FOR YOU IF YOU NEED US?

Name _____ I would be glad to help in:

Address _____ ☐ Child Care

Phone _____ ☐ Meals

SMC box # _____ ☐ Transportation

Curriculum _____ ☐ Other (please specify) _____

Signature _____

June, 1984

A Taste of the Good Life

by Jeannine Cotner

One of the first things we decided to do, when we moved to Monterey, was to go to Napa Valley and visit the wineries. Well, after visiting a few of the local festivals, we quickly learned that we would never have to travel more than forty to fifty miles to find more wineries than we could ever visit during our tour here. These wineries in Monterey, Santa Clara, and Santa Cruz counties produce many of California's top award-winning wines.

WINE IN MONTEREY COUNTY

Monterey County is the only county in California that grows wine grapes exclusively and it produces more than any other county in California, including Napa, Sonoma, and Mendocino counties. The double advantage of ideal climatic conditions and quality soils combine to make Monterey County possibly the finest wine grape producing region in California.

The wine industry in Monterey County was established in the late 1700's when Franciscan fathers brought wine grapes to the Soledad Mission and later to the Mission at San Antonio.

In the early part of this century, a Frenchman found limestone soil on his property in the Gabilan Mountains which reminded him of the soils in Burgundy and Champagne. His was the first serious attempt to establish a vineyard in Monterey County since the time of the Franciscans. Today this vineyard continues on as the Chalone Vineyard which during the 1960's was the only winery in the county.

The ability to develop vineyards in the large acreages that presently exist in Monterey County is due to research done during the 1930's by Dr. A.J. Winkler and Maynard Amerine. These gentlemen developed a technique which enabled them to measure the evolution of heat units over the course of the growing season. The technique—called heat summation—involved measuring the difference be-

tween the mean temperature of each day and 50° F—the temperature at which a vine neither grows nor regresses. By applying this technique to the premium wine growing regions of Europe, they were able to rediscover the climatic reasons for success of particular varieties in those areas. They then labeled the regions and eventually brought their findings to the Salinas Valley. By being able to identify certain areas of Monterey County as having the potential to produce top quality grapes without having to invest years of experimentation, it was possible to develop vineyards which could produce premium raw product in an economy of scale inherent in major operations. This large volume of production of premium grapes in Monterey County lends tremendous potential to the future of its wine industry.



TYPES OF WINES

The wine industry classifies wines as table, sparkling, dessert, vermouth and other special natural (fruit) wines.

Table wines are those which are ordinarily served with meals and typically contain less than 14% alcohol by volume. They are characterized as either "varietal" or "generic". In the United States, varietal wines are named for the predominant grape variety used in its production. By federal regulation, they must contain at least 75% of that variety. Some examples of varietal wines are Barbera, Petite Sirah, Chenin Blanc, Zinfandel, Pinot Noir, Grenache, Johannesberg Reisling and Cabernet Sauvignon. Generic wines generally contain less than 75% of a single grape variety and are often named for European wine regions that have become well-known, and whose wines are considered to be typical of those regions. For example, some are Burgundy, Sherry, Port, Chablis, and Rhine. California wines so labeled are, as a rule, made from several different wine grapes.

Vintage wine is made from the grapes of the same year's harvest, the year is predominantly shown on the label either around the neck of the bottle or on the principal label.

Red, White and Rosé wines are table wines. Red wines are best when served at room temperature or slightly chilled with red meats, roasts, game and Italian dishes. White wines are best when served chilled and are excellent with fish, fowl, and cheese. Rosé wines should be served chilled and are perfect with almost all foods.

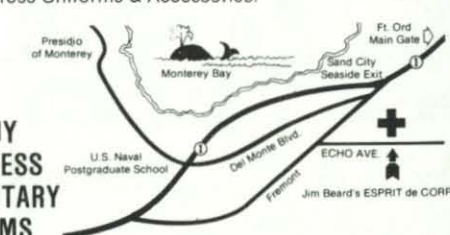
Sparkling wines include champagne and asti spumante. They should be



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Dessert wines, such as sherry or port or Kirigin Cellar's great Vino de Mocca generally contain more than 14% alcohol by volume and may be fortified by the addition of distilled spirits. They should be served chilled or at cool room temperature with fruits, nuts, cheese, or cake.

TOURING AND TASTING

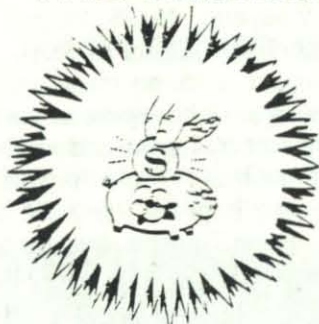
Pick four to six wineries within twenty to thirty miles of each other. Most of the wineries are in clumps throughout the counties. The first thing you should do after you decide to go wine-tasting is purchase the "Northern California Wine Map". It is available at K-Mart in Seaside. They are at the cash registers for \$1.75 each. The map lists every winery in Northern California and has excellent directions to each. This will be your wisest investment, besides the wine!

The trip (4-6 wineries) should take between four to six hours. Leave the children with a great babysitter, get a group of no more than four couples together, bring along food (very important) and have fun! The reason you shouldn't bring more than eight people is because many of the wineries require that groups of more than eight make appointments to tour and taste. The food (bread, cheese, cold chicken, etc.) is important, because all those little sips of wine add up to quite a bit! Designate a driver and make sure the driver limits his intake. Many of the wineries sell imported cheeses and have picnic facilities, so you may want to visit those wineries around lunchtime.

Make sure you call the wineries that you decide to visit and verify their operating hours. The best day to go is Sunday, because almost all the wineries are open and many are closed to visitors during the week.

The wineries listed below are the more well-known in the three counties, but there are many others listed on the map that you may want to visit.

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Carmel Bay Winery: Bldg. 20, Airport Road, Monterey (408) 375-2292. Tour and tasting by appt. only. Ask for Kathy Eyerman. Specialize in Cabernet Sauvignon, Pinot Noir and Zinfandel. 10% discount on case sales (can be mixed cases).

Monterey Vineyard (Taylor California Cellars): 800 South Alta Street, Gonzales, (408) 675-2481. Open on a walk-in basis from 10:00 a.m. to 5:00 p.m. daily. Free tours begin every hour, on the hour, from 11:00 to 4:00 p.m. They have a very good

Gewurtztraminer and Cabernet Sauvignon.

Jekel Vineyard: 40155 Walnut St., Greenfield (408) 674-5524. This vineyard is fifteen miles south of Gonzales. It has some of the best wines of this area and is one of our favorites. Their Johannesberg Reisling is great! They are open for tasting Thursday through Monday from 10:00 a.m. to 5:00 p.m. For groups over eight, make reservations. They produce premium varietal wines which are all estate bottled.

Ventana Vineyards: Los Coches Road, Soledad (408) 678-2606. 5.8 miles southwest off of 101 between Soledad and Greenville. Open for tours and tasting by appt. only. They produce an exceptional White Reisling and have won awards for their Chardonnay every year since 1978.

Chateau Julien Winery: 8940 Carmel Valley Road, Carmel (408) 624-2600. Touring by appt. only. The winery has been designed in the tradition of a French chateau. They have eleven award-winning wines. Their Private Reserve Chardonnay, Carmel Cream Sherry and 1982 Chardonnay are excellent!

Durney Vineyard: P.O. Box 222016, Carmel Valley (408) 625-5433. Their Johannesberg Reisling was our favorite at last year's Monterey County Festival of Wine and Food. They also have an excellent Cabernet Sauvignon and Chenin Blanc. The winery is not open to the public, but the N.P.S. package store carries many of their wines.

Chalone Vineyard: Pinnacles, Soledad (415) 441-8975. Mailing address: Chalone, Incorporated, 655 Sutter St., San Francisco, CA 94102. You must write for appt. The Chalone Vineyard is the oldest and most respected vineyard in Monterey County. Its wines are recognized worldwide. They make an especially good Chardonnay and Pinot Noir. They are open by appointment only and are not open on weekends. It is a longer drive than most of the wineries but is definitely worth it. Bring along a picnic and then go exploring at the Pinnacles.

Smith and Hook Winery: 37700 Foothill Road, Soledad (408) 678-2132. Tours by appointment only. They make only one varietal wine: Cabernet Sauvignon.

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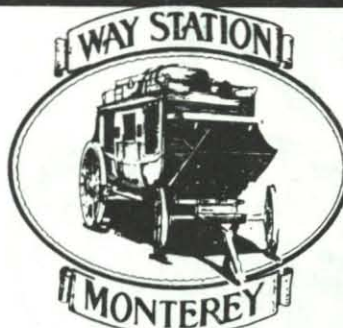


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SANTA CRUZ COUNTY WINERIES

Bargetto Winery: 3535 North Main, Soquel (408) 475-2258. This is the oldest and largest operating winery in Santa Cruz County. This winery or their tasting room on Cannery Row just shouldn't be missed. They have the best fruit wines in California: raspberry, olallieberry, apricot, and pomegranate. They also make Chaucer's Meade which is a honey wine. Bargetto is also well-known for its Chardonnay and Johannesberg Reisling. The winery is open every day from 10:00 a.m. to 5:30 p.m. The tasting room on Cannery Row is open daily, 10-6 M-Th., Fri. 9 am-10 pm. There is also a gift shop at the winery.

Frick Winery: 303 Potrero #39, Santa Cruz (408) 426-8623. They are well-known for their Petite Sirahs and Zinfandels. They are open on Saturdays from 12:00 to 4:00 p.m.

Felton-Empire Vineyards: 379 Felton-Empire Road, Felton (408) 335-3939. Known for their White Reisling, Gewurtztraminer, and Gamay Beaujolais. Open on a walk-in basis on weekends and holidays from 11:00 a.m. to 3:00 p.m. Picnicking is available. The winery is off Highway 9. Visit the winery and
(Cont. on p. 13)

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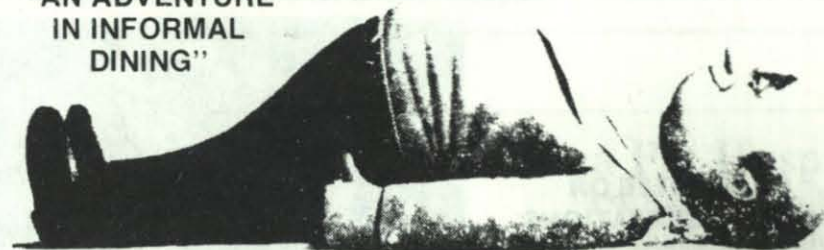


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(Cont. from p. 11)

then go to the Roaring Camp and Big Tree Railroad with the children. Take a train ride to the top through the big redwoods, hop off, have a picnic and catch a later train down. It makes a really fun family day!

Roudon-Smith Vineyards: 2364 Bear Creek Road, Santa Cruz (408) 438-1244. Most well-known for their Chardonnays, Zinfandels and Petite Sirahs. Tours and tastings by appointment only on Saturdays. Adults only, please.

David Bruce Winery: 21439 Bear Creek Road, Los Gatos (408) 354-4214. Their 1981 Pinot Noir is excellent. Their Chardonnay is also quite good. The winery is open on a walk-in basis on Saturday and Sunday from 10:00 a.m. to 4:00 p.m.

SANTA CLARA COUNTY WINERIES

San Martin Vineyard: 12900 Monterey Road, San Martin (408) 683-2672. Founded in 1906. Premium variety of wines. Open on a walk-in basis from 10:00 a.m. to 5:30 p.m. Gift shop, picnic facilities and imported cheese. Try their Amador Zinfandel.

Hecker Pass Winery: 4605 Hecker Pass Road, Gilroy (408) 842-8755. Open on a walk-in basis on Saturday and Sunday only from 9:00 a.m. to 5:00 p.m. Excellent Cream Sherry and Petite Sirah Select.

Fortino Winery: 4525 Hecker Pass, Gilroy (408) 842-3305. Open on walk-in basis seven days a week from 9:00 a.m. to 6:00 p.m. They make 22 different types of wine and specialize in red wines. Picnic facilities and gifts are available. Great glassware selection.

Thomas Kruse Winery: 4390 Hecker Pass Highway, Gilroy (408) 842-7016. Tasting room open 12:00 to 6:00 p.m. daily. Picnic facilities. Groups of seven or more must make reservations for tour and tasting.

Summerhill Vineyards: 3920 Hecker Pass Hwy., Gilroy (408) 842-3032. Open seven days a week from 10:00 a.m. to 5:00 p.m. Picnic facilities. Specialize in Cabernet Sauvignon and fruit wines. Summerhill Vineyards has a very popular summer brunch every year. The dates this year are June 17, July

15, August 12, September 16, and October 21. Beginning at 10:00 a.m. with a private tasting of Summerhill wines, brunch follows at

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Kirigin Cellars: 11550 Watsonville Road, Gilroy (408) 847-8827. Open daily from 9:00 a.m. to 6:00 p.m. The best dessert wine ever - Vino de Mocca. Buy a case! Also, try their White Reisling and Pinot Chardonnay.

Sarah's Vineyard: 4005 Hecker Pass Hwy., Gilroy (408) 842-4278. Tasting and tours by appointment only. Excellent Chardonnay and Reisling.

Sycamore Creek Wineries: 12775 Uvas Rd, Morgan Hill (408) 779-4738. Open for tasting from 12:00 to 5:00 p.m. on Saturday and Sunday. By appointment only during the week. Specialize in Cabernet, Chardonnay, and Zinfandel.

Live Oaks Winery: 3875 Hecker Pass Hwy., Gilroy (408) 842-2401. Open daily 8:00 a.m. to 5:00 p.m. except holidays. Specialize in

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A. Conrotto Vineyard: 1690 Hecker Pass Hwy., Gilroy (408) 842-3053.

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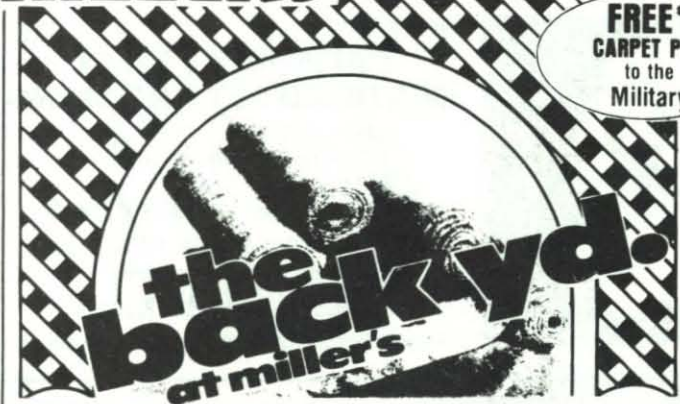
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Rapazzini Winery: 4350 South Monterey Highway, Gilroy (408) 842-5649. Open everyday from 9:00 a.m. to 6:00 p.m. Their biggest seller is their garlic wine. We bought one as a souvenir. I had a taste of it once and never, never again. But, my husband thought it was great. So try it! Some excellent wines are Gewurtztraminer Rose, Muscat Canalli, and Johannesberg Reisling.

Pedrizzetti Winery: 19020 Monterey Highway, Morgan Hill (408) 779-7389. Tasting Room open every day 9:30 a.m. to 6:00 p.m. Gift shop. Tours of winery by appointment only. Great White Zinfandel, Barbera, and Zinfandel Red.

Emilio Guglielmo Winery: 1480 East Main St., Morgan Hill (408) 779-2145. Tasting room is open 9:00 a.m. to 5:30 daily except holidays. Picnic facilities. Tours by appointment only. Varietal and fruit wines.

Turgeon and Lohr Winery: 1000 Lenzen Ave., San Jose (408) 288-5057. Open daily from 10:00 a.m. to 5:00 p.m. Picnic facilities. Call for appointment for tours. Extremely good Johannesberg Reisling and Chardonnay.

Paul Masson Champagne and Wine Cellars: 13150 Saratoga Ave., Saratoga (408) 725-4270. Open daily 10:00 a.m. to 4:00 p.m. for tours and tastings. Gift shop.

Almaden Vineyards: 1530 Blossom Hill Road, San Jose (408) 269-1312. Open daily from 10:00 a.m. to 3:00 p.m. on a walk-in basis. Tours begin every hour.

Mirassou Vineyards and Winery: 3000 Aborn Rd., San Jose. (408) 274-4000. Open daily from 10:00 a.m. to 4:00 p.m. Tours begin approximately every 1½ hours.

Touring all the wineries on Hecker Pass Hwy. in a day will be quite an experience and you will sample many different wines! A good route is Fortino, Hecker Pass, Summerhill, Kirigin, Rapazzini and San Martin.

Well, those should keep you busy for awhile. Don't forget to buy the map! Many thanks to the wineries and the Salinas Chamber of Commerce for the information they gave me. □

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No one else in the world writes exactly like you do, even though many may have been taught by the same method or even by the same teacher. Your handwriting is as unique to you as your fingerprints, or your personality. Nothing you do requires more of your brain than the function of writing, and that handwriting can tell more about you than the words you write. It may tell more about you than you know yourself! It is, in fact, a direct route to your personality: a graphic, unconscious expression of your character makeup. Unlike other forms of expressive behaviour, it becomes a frozen gesture and remains to be studied, assessed and interpreted long after it is produced.

Understanding yourself is a key to self-improvement and today there are many ways to gain self-awareness and get to know yourself and why you act and react as you do. One of the more satisfactory and less expensive ways is through a science known as Graphoanalysis.

It has been said there are some 300 different personality traits that can be identified in handwriting. For instance, the smaller the size of writing, the more the ability to concentrate. Looped *d* or *t* stems show being susceptible to having hurt feelings from criticism. The placing of the *t* crosses on the stem can reveal ambitions. *T*'s crossed high indicate a reaching for high goals with good self-esteem. The sharper the points on *m*'s or *n*'s, the keener the comprehension. *I* dots placed close to the stem show close attention to detail.

Is it determination, persistence or just plain stubbornness that keeps you going? Your handwriting can tell. Are

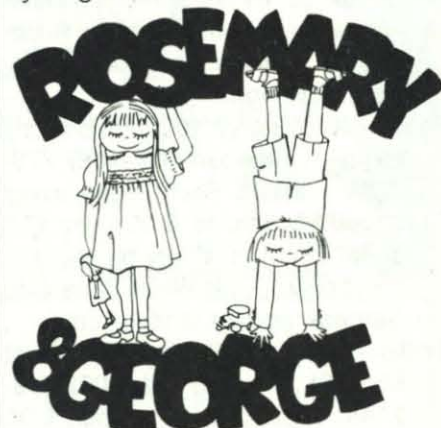
you a dominating leader, or merely a domineering "nag"? Do you really have a set purpose or are your energies consumed by too many activities or wasted emotion? Are your thinking processes effective? What are your controls, defenses, fears? These are just a few of the things handwriting can disclose.

Besides self-understanding, some knowledge of handwriting analysis is of value to everyone to make them aware of the differences in the emotional expressiveness of people. These differences can point the way to compromises that can be made to lessen tensions in marriages and other relationships. Characteristics can often be revealed that a person finds difficult or is unable to reveal otherwise, thus opening up the opportunity to talk about problems and feelings. Understanding the emotional makeup of others can help you deal more effectively with them. Are feelings deep and long-lasting, always affecting one's outlook or are they intense for only a short time, letting by-gones be by-gones?

Handwriting analysis is nothing new. Napoleon Bonapart selected men for

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his armies by first analyzing their writing. Second century Romans commented on individual quirks of handwriting and by the 11th century the Chinese had linked handwriting with

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the personality. Robert and Elizabeth Browning and Edgar Allen Poe were students of handwriting analysis. Sigmund Freud noted, "There is no doubt men also express their character through their handwriting."

Early in the 1900's analysts began to systematically accumulate and categorize samples of thousands of people with recognized personality traits. Today Certified Graphoanalysts use techniques based on standardized and proven methods. They recognize only those stroke formations that have been thoroughly researched and validated as relating to specific traits. Once identified in a writing, the relative degree and frequency of these traits are evaluated with consideration to the effect of one attribute upon another, some contradictory, to arrive at a description of the total personality pattern of that individual.

Although handwriting analysis can tell you if you are quick or slow to learn and how you think, it cannot tell what you think. It cannot foretell the future; it's not magic or in any way connected

with the occult. Neither can it tell sex, race or right or left-handedness.

The positive uses for this science in the business and professional worlds are endless. Its use in the hiring and promoting of personnel in any type of business is not uncommon. Besides disclosing vocational aptitudes, it can provide educational guidance. Many teachers, ministers, social workers, and marriage and family counselors utilize it in their work. Parole boards, prison systems and hospitals use it. Defense attorneys use it to aid them in the selecting of juries. It can be of value in guiding children and in choos-

ing a mate or business partner.

It takes many months of intensive study to qualify as a Certified Graphoanalyst, but you can learn the basics of handwriting analysis in just a few weeks. By taking advantage of the 8-week class now being offered through the OSWC Activities, you may well uncover some new sides to your own personality as well as gain a better understanding of your family, friends and business associates. □

The End 



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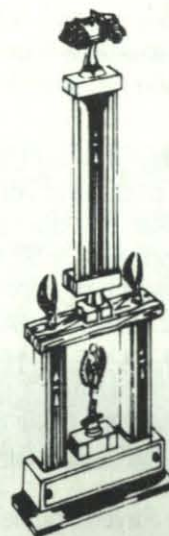
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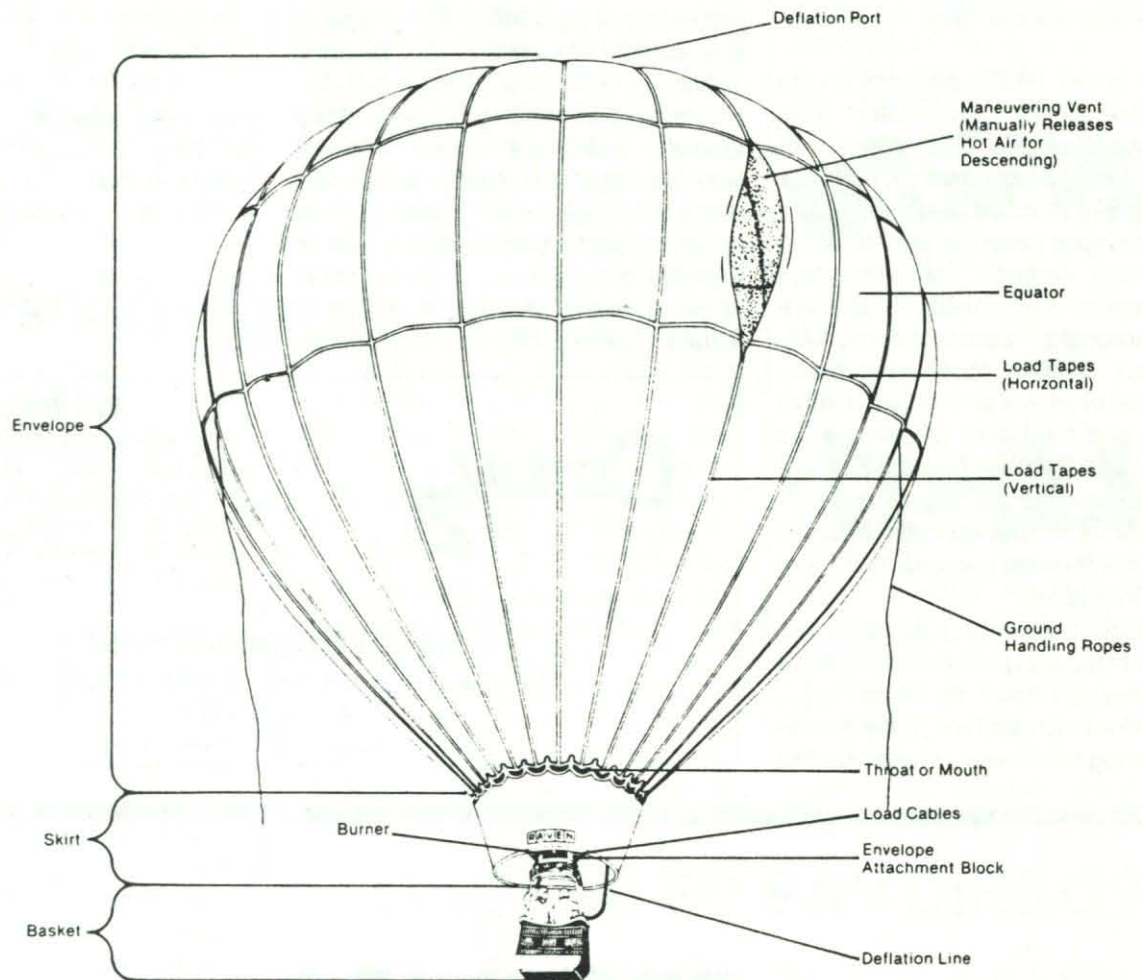


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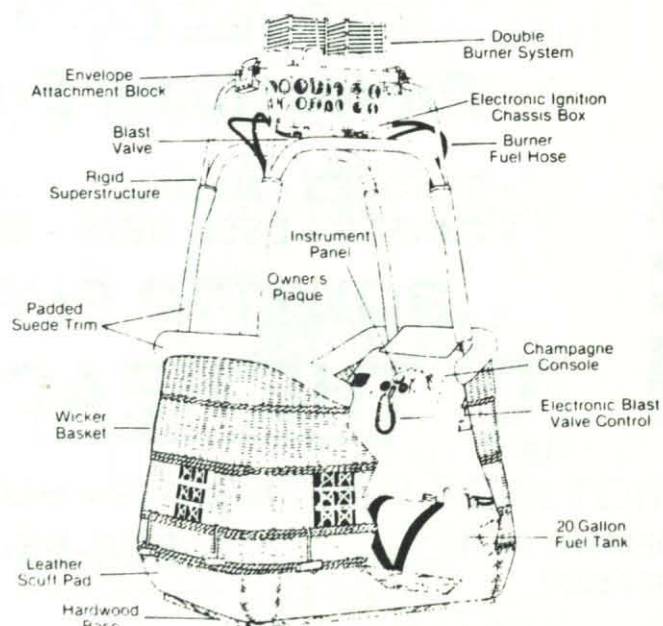
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Today's hot air balloon systems consist of three major components: envelope, basket, and burner. The most popular envelope size is 55 feet in diameter with a volume of approximately 77,500 cubic feet. It is in the AX-7 size category. The wicker basket houses the propane fuel tanks and flight instruments. An altimeter, rate of climb meter, and pyrometer are standard instruments in balloon systems. The Raven double burner illustrated here generates 24,000,000 BTU/hr. (burner rating is at 128 PSI at an ambient temperature of 80° F.).



Flying with the Chinde
by Ginger Werz-Petricka

Hot air ballooning is not a high speed sport. It's a gentle sport, one of just a breath of air, of utter quiet, a sport of watching, enjoying the earth and sky. A gentle sport. It is also a very early morning sport in this area. Early, as in, on site in Morgan Hill at 6 a.m. But, this is a very different early from getting ready for work or another harassed day. This early is a great experience.

I went flying with Chris McKelvey, an NPS student, and his wife, Cat. Also along were a group of their friends who, like me, were anxious for a chance to fly.

Chris and Cat have been ballooning for over three years. Chris learned as a member of the USN Balloon Team while stationed at Albuquerque, N.M. and has brought with him to Monterey his own balloon, a 65,000 cu.ft. Barns DragonFly II named the Chinde.

I spent some time with Chris before our flight and through our conversation and by watching his meticulous pre-flight before our launch, I was very impressed with his professionalism. As he stated, ballooning is still a small sport, despite its 200 yr. history, and strictly self-regulated. Safety is of prime concern to a balloonist as his life is at the mercy of the wind and the reliability of his equipment. Everything is checked, the gauges and propane fuel tanks in the basket, the rigging, the basket itself. The balloon is carefully checked for small rips in its parachute silk material during inflation. I had asked Chris what the leading causes of balloon accidents are and he listed flying into high tension wires and grounding the balloon by trying to jump free, landing very hard and/or being dragged by the balloon, and hitting immovable objects. To prevent grounding a balloon hung up in an electric line, Chris said to stay with the balloon and have one of the chase crew call the police for assistance. As far as hard landings go, balloonists prefer not to fly in more than 8 to 10 knots of wind, and upon landing they have their



ground crews standing by (hopefully) to anchor the basket. As for immovable objects . . . well . . . have a good pilot. Chris briefed all of us before our flights, telling us the do's and don't's and I think we all appreciated knowing what to expect.

After the balloon and the basket are laid out across the ground a large fan is used to inflate the balloon with cold air prior to heating with the burner. Two people are assigned to hold open the throat of the balloon for the fan and burner, and two hold a line attached to the crown of the balloon to keep it from blowing around. As the air is heated

and the balloon starts to rise, the crown line is slackened and the crew rights the basket and all gather around to keep it from blowing around. As the air is heated and the balloon starts to rise, the crown line is slackened and the crew rights the basket and all gather around to keep the balloon from floating away. It's time to board for our flight!

At 6:30 Chris had myself and one other passenger climb in, one last check and the ground crew released the basket. The ascent was so gentle it seemed more that the ground was dropping away from us and as we

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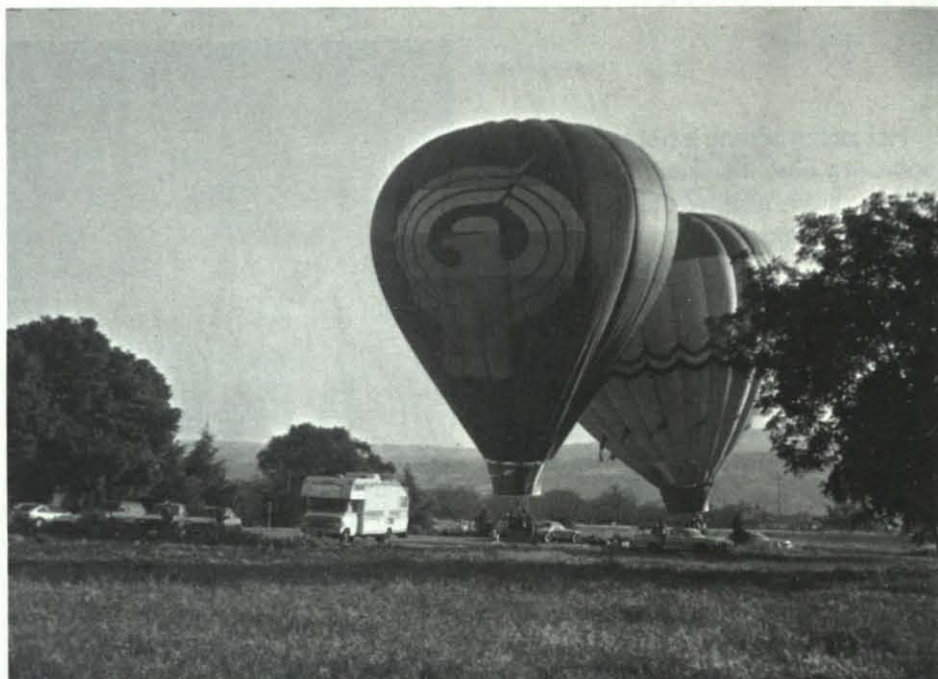
climbed to 800 ft., we drifted slowly over Rt. 101 towards the west. The first thing to really impress me was the silence of the flight and how well sound traveled from the ground.

Shouted farewells and traffic noise reached us easily. Next, I noticed the utter stillness of the air. Of course, when you are traveling the speed of the wind, you don't feel it. And, thirdly, I was fascinated by the perfect clarity of the ground. Even at 800 ft. the ground, trees, and houses stood out in perfect detail, a riot of textures and patterns. We drifted down the valley towards Monterey, with Chris talking on the two-way radio periodically to direct Cat in the chase car as to which road to take to best follow our progress. Cat mentioned later that the two-way radio has done wonders for their marriage, and later, as a passenger in the chase car I understood why, watching the balloon's capricious flitting back and forth across the valley.

It was a beautiful day and, after a while, we could feel the subtle changes in the air currents from the ground, plowed fields and orchards causing totally different reactions. The light dipping and rising of the balloon, helped along by blasts from the burner to keep it hot gave me an image of the air as a swirling liquid through which we swam. All my life I've wanted to fly like a bird, THIS IS IT.

Too soon it was time to land, a time for someone else to experience this freedom. As we descended, the bal-

(Cont. on p. 43)



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The Peripatetic Palate

by Linda K. Connelly

Little European Restaurant and Lodge

Carmel Valley Road, Carmel Valley
659-2788

As I prepare to leave the Monterey Peninsula and move back to Florida, I cannot help but share one last restaurant with all of you left behind. Little European Restaurant, eleven and a half miles out Carmel Valley Road, floods my memory with good times and food from our previous tour in Europe. Set among a small lodge, you are met at the door by Anni Andeis and seated at an intimate table. The restaurant is small and cozy with a corner fireplace blazing on windy, cold nights adding a touch of hominess to the atmosphere. Mr. Gerhard Andeis is in complete control of the kitchen while Mrs. Anni Gerhard serves the tables and keeps the fire ablazing.

The menu is select but well-represented. We began our meal with four large slices of smoked salmon accented with creamed horseradish. Entrees are served with soup and salad. Never having tasted Cream of Escargot Soup, we were intrigued to find out that it was as delicate tasting as it sounded, relatively mild taste of escargot in a light cream broth. The salad was a mixture of lettuces accented by other vegetables tossed with a delightful special house dressing. Unable to disclose the secret ingredient, I brought a bottle home for further taste-testing.

We chose Veal Cutlet, Cordon Bleu and Peppersteak Parisienne, Flambee. The large portion of veal was breaded and fried with ham and cheese between the tender layers of veal. Peppersteak proved to be exceptional – covered with Cognac and set aflame at our table only added to its elegant taste.

Both meals were accompanied by potatoes, mashed and fried in small balls; and fresh carrots and zucchini. The vegetables were cooked to perfection. The portions are large, so plan to

leave room for dessert. We were not disappointed.

I had my heart set on Cream Carmel that night but it was not available so we split a parfait. A light, whipped frozen pie with a breezy spearmint taste. Very refreshing.

The menu offers something of everything from chicken and fish to beef, veal, duckling, and fondue for two. Included in the wine list are excellent imported choices as well as California wines.

Open for dinner Wednesday through Saturday, starting at six o'clock, by reservations only.

There have been many restaurants I would have loved to have tried but just ran out of time, so please try one for me during your brief stay here. Suggestions can be made by your neighbors, friends, or enemies – most places are well worth your try in one way or another. □



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Alternatives for Expectant Parents by Karla Henderson

We have in our area a community service organization of vital interest to all of us who are leaving Monterey with more dependents than we had when we arrived. The Childbirth Education League (CEL) offers courses in prepared childbirth, follow-up counseling for new parents and a biennial seminar with topics on the forefront of change in childbirth practices. The CEL has worked closely with expectant parents to bring about many improvements at Community Hospital and Silas B. Hays, and teaches parents what options they will have in labor and delivery. Their coming seminar on Friday evening, June 15 and Saturday, June 16 will discuss vaginal birth after Caesaren (VBAC), and relactation.

VBAC sounds simple enough, but the prevailing opinion in the obstetrics community is still "once a Caesarean, always a Caesarean." Some military hospitals still cling to this belief. The seminar will present discussions by doctors who have performed VBAC's and women who have been patients.

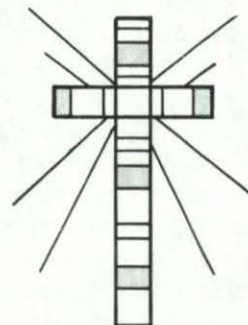
Human milk banks currently charge about \$1.50 per ounce, which be-

comes a great financial burden after several months of full-time feeding. Relactation is a viable alternative when a bottle-fed baby becomes seriously ill or develops an allergy to cow's milk, when there's been a separation between mother and infant, or when an adoptive mother wishes to breastfeed her baby. Jimmie Lynne Avery, inventor of the Lact Aid and director of Resources for Human Nurturing, will speak on different methods of relactation.

The seminar is open to anyone with an interest in these areas and offers 9 hours of continuing education credits to nurses. For information about receiving 9 ICEA contact hours, call Margot Edwards, 375-1974. All participants receive a packet of readings and will attend small group sessions. To register, send your \$30 check made payable to Monterey Peninsula College to:

MPC Community Services Office
980 Fremont Blvd.
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The lecture forum location will be announced upon receipt of your registration fee. For more information on 8-week childbirth classes, call the CEL office, 375-5737. □



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FESTIVAL FUN

by Jeannine Cotner

June 9-10

FESTIVAL OF MONTEREY COUNTY WINE AND FOOD:

This great festival will be at the Monterey County Fairgrounds from 10:30 to 6:00 p.m. each day. General Admission is \$7.00 per person, which includes a wine glass and two wine tickets. There will be food booths from local restaurants, arts and crafts booths, and 18-20 wine booths. Go with three to four couples and sample all the great wines this area has to offer.

CHERRY JUBILEE FESTIVAL:

10:00 a.m. to 6 p.m. both days

The first annual Cherry Jubilee will be at Casa de Fruta in Hollister, CA on Highway 152. Admission and parking is free. There will be a wide variety of gourmet and cherry food booths, Southern Santa Clara Valley Wines, and barbecue, as well as continuous live entertainment of all kinds, ranging from country and western music to jugglers and face painters.

Other special attractions of the weekend will include an opportunity to take a ride on a mini-steam train which takes passengers on a relaxing journey through the rolling countryside bordering Casa de Fruta, a colorful merry-go-round for the kids, and hay rides for everyone. You can visit Mary's Candy Factory, watch the candy chefs at work, and sample freshly-made candies. Walk over to Casa de Fruta's Wine and Cheese Tasting Room and sample local wines and imported cheeses. So, have a nice weekend and drive out to the Cherry Jubilee in Hollister.

MONTEREY COUNTY STRAWBERRY FESTIVAL:

The Strawberry Festival will be held at the Santa Cruz County Fair grounds in Watsonville this year. The admission price will be \$3.00 per person and will last from 9:00 a.m. to 6:00 p.m. each day. There will be many different strawberry food booths, various other food booths, arts and crafts, jugglers, clowns, and all kinds of musical entertainment.

June 30-July 1

FUTURE FESTIVALS:

July 27-29

Gilroy Garlic Festival

August 8-9

Castroville Artichoke Festival

September

Moss Landing Albacore Festival

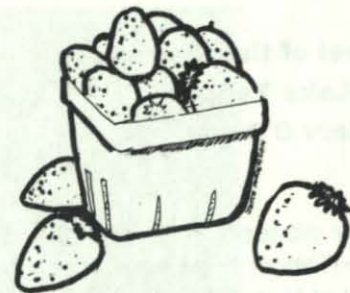
Watsonville Apple Festival

San Juan Baptista Festival

October 13-14

Santa Cruz Boardwalk Brussel Sprout Festival

(Remember to arrive at festivals 30 min. before opening)



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Lake Tahoe

by Sally O'Dwyer

"We plodded on . . . and at last the Lake [Tahoe] burst upon us — a noble sheet of blue water lifted six thousand three hundred feet above the level of the sea, and walled in by a rim of snowclad mountain peaks that towered aloft full three thousand feet higher still! It was a vast oval, and one would have to use up eighty or a hundred good miles in traveling around it. As it lay there with the shadows of the mountains brilliantly photographed upon its still surface I thought it must surely be the fairest picture the whole earth affords."

Mark Twain, "Roughing It"

While beautiful Lake Tahoe is most popularly known to skiing enthusiasts as a winter wonderland, it is a marvelous place to visit in the summer. From wilderness area to world famous resorts, Lake Tahoe offers a variety of recreation and entertainment. Salubrious air, spectacular scenery, sparkling waters and endless forests make this great mountain lake a year-round attraction.

Lake Tahoe, which to the Indians meant "lake in the sky", was formed by an upthrust of peaks east of the original Sierra. Volcanic action then sealed off the valley which had been formed, creating the lake basin. At an elevation of 6,228 feet, Tahoe is 23 miles long, 13 miles wide and 1,645 feet deep at its deepest. Tahoe is the tenth deepest lake in the world. From promontories, such as Rubicon point, one can see several hundred feet into its depths.

During the summer months, visitors may pursue a wide variety of activities. There are many beautiful public and private campgrounds situated around the lake. Our favorite one is the Emerald Bay State Park Campground on Highway 89. The campsites have tables, cupboards and stoves plus restrooms, showers and laundry facilities nearby. There are also primi-

tive campsites designed for the more adventurous, accessible only on foot or by boat. Campers can enjoy swimming in the invigorating crystal clear lake, hiking, sunbathing, fishing, birdwatching and much more. For equestrians, stables offer horses for rent on an hourly basis. Pack trips and jeep rides can be arranged for the day or extended periods into the back country.

Visitors are bedazzled by the spectacular Desolation Wilderness Area which contains 41,380 lake-dotted acres. This area is accessible only by foot and offers magnificent scenery. Photographers are surrounded by a multitude of subjects ranging from sparkling lakes to granite peaks to the gorgeous display of wildflowers that begin to bloom as the snow line recedes. Watchful hikers may sight

mountain lions, coyotes, foxes, deer, rabbits, beaver and a variety of birds, trees and plant life. Fishing is excellent in the desolation area, in fact, some of the lakes aren't fished enough!

Due to freezing temperatures, the State Parks are closed during the winter; they're open approximately from May until September. Winter temperatures average from a high of 40° to a low of 20°. During the summer, the temperature is usually about 75° during the day to the low 40°'s at night.

For boating enthusiasts, there are several public boat launching sites and there are also many marinas, docks, marine facilities, boat dealers, and service centers where you can moor, launch, rent or even buy a boat. Sailing is popular at Lake Tahoe. During the summer months, sailboat races are held on the weekends.

(Cont. on p. 47)

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In Our Midst: MIRA
by Laurie Givens

In our midst this month is MIRA – the Monterey Institute for Research in Astronomy. MIRA became a reality in 1973 when a group of nine astronomy students, graduates with their Ph.D.'s from Case Western University, found Chews Ridge outside of Monterey to be the most promising spot in the Continental U.S. for an observatory.

Over 10 years have gone by, enough money has been raised, and the end is in sight. June 16th is the scheduled dedication date for the Oliver Observing Station. The observatory was named after Dr. Bernard Oliver who offered a personal \$200,000 challenge grant for the observatory building. Due to the location of the observatory (a narrow ridge leading to it), the number of people attending will be limited to just the "Friends of MIRA."

Who are the Friends of MIRA? It is

parties" which are held at public schools in the area for viewing the constellations. Dr. Irvine emphasizes the observatory: "It will be open during the summer nights. People will call in and make a reservation, go up to the mountain on their night, and we'll show them the telescope, give a little talk and enjoy the viewing."

For those who want to become acquainted with the constellations, a simple book for ages eight to adult titled

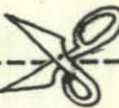
staff members at the MIRA office can also give a list of telescope dealers in the area. For children just beginning, a pair of binoculars steadied on a tree branch or back of a chair works well.

Many professors at the naval Postgraduate School are Friends of MIRA. Dr. Kai Woehler of the Physics department recently gave a lecture on the 'Origin of the Universe'. There are approximately 700 Friends of MIRA to date. Some are from the European countries and Africa. "Most of our



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Lake Tahoe

by Sally O'Dwyer

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(Cont. on p. 47)



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Who are the Friends of MIRA? "It is our support organization," explains Dr. Cynthia Irvine, one of MIRA's original nine astronomers. "Friends of MIRA help achieve the objective of the organization. But, in return they have special benefits like our lecture series and monthly newsletters. We have an Amateur Astronomy Club of the Friends of MIRA. They get together on the last Tuesday of every month at 7:30 p.m. in the Hartnell Planetarium at Hartnell College in Salinas. The Amateurs have viewing nights where they get together with their telescopes. Last summer they took a camping trip up to Glacier Point at Yosemite and spent a weekend up there with their telescopes," says Dr. Irvine.

If you are not a Friend of MIRA, you can still take advantage of some free events sponsored by them. "The community has supported us *so much* and helped us to build the observatory that it is only right for us to give them public lectures and 'star parties'," says Dr. Irvine. Advertised in the newspaper and around the Naval Postgraduate School are dates for public lectures and "star

parties" which are held at public schools in the area for viewing the constellations. Dr. Irvine emphasizes the observatory: "It will be open during the summer nights. People will call in and make a reservation, go up to the mountain on their night, and we'll show them the telescope, give a little talk and enjoy the viewing."

For those who want to become acquainted with the constellations, a simple book for ages eight to adult titled *The Stars* by Zimm is a good beginning. If you are now ready to consider the purchase of a telescope, the Amateur Astronomy Club is the place to be. There you can see what others have and may even be able to make a purchase from someone ready to upgrade. Dr. Irvine or one of the other

staff members at the MIRA office can also give a list of telescope dealers in the area. For children just beginning, a pair of binoculars steadied on a tree branch or back of a chair works well.

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If you would like to make a tax-deductible donation and become a member of MIRA, call the office at 375-3220. As Dr. Irvine says, "It's always nice to have 'Friends'." □



On the Trail

...Garland Ranch Regional Park:

by Marie B. Johnson

Not far from Carmel Valley Road is a park. A very nice park. A park in which you may run across yearling steers grazing peacefully under the gaze of several turkey vultures. In the spring, bunches of golden poppies sway gracefully in the sun while California buttercups and lupine color the sides of the trails. It is a park in which children can follow the trails pretty much by themselves and can experience the pleasure of being the first to spot the quail running along the ground. It is a park known as Garland Ranch Regional Park or simply "Garland Ranch".

Now, I am not a person who thrills to the crack of dawn or becomes ecstatic at the prospect of going on a hike with two small children under the age of four and no other adult. I do have my moments of insanity and because of that Tess, Kate and I found ourselves at the entrance to Garland Ranch early one morning at opening time, which is sunrise. (We were a bit later than that.)

With the exception of a few runners, human-type, we had the park to ourselves. The sight of several vultures perched on the dead tree near the entrance didn't thrill me even though I know their purpose in life is to clean up the carrion which would otherwise cause severe problems if left alone. The girls, on the other hand, were fascinated by these large birds. To them, the vultures had no heads since vultures tend to scrunch their heads between their shoulders when not busy.

Tess decided that she was to be the leader on the hike and it was quite a sight to see a three-year-old push her way through the tall, wet grass adorning the short cut across Cottonwood Flat. This is also where we found the poppies. As the sun got higher and warmer more of the poppies unfolded their heads. The girls had a great time finding open and closed flowers.

A large black dog decided to act as our second in command. He had picked us up at the Visitors' Center and



although I was never quite sure to whom he belonged, he was quite friendly and very gentle and posed no problem. (Dogs in the park are supposed to be on a leash or "Under immediate voice command".) He flushed some quail for us and Tess enjoyed herself whenever he bounded off the trail and she could call him back. After all, if she had to stay on the trail, so did he.

We did not spot any of the larger animals that day, although the girls tried hard to do so. Instead it seemed to be a bird morning and we saw what seemed like hundreds of them. In addition to the vultures and quail we spotted hummingbirds, jays, crows, kites, and hawks. At least those were all I could tentatively identify. I later picked up a booklet from the Visitors' Center which describes the birds likely to be found in the park. I recommend it to

anyone with even the slightest interest in birds. (For that matter, I'd recommend it to anyone visiting the park — nothing is more frustrating than not knowing what you're seeing.)

A free map is available at the Visitors' Center. Not only are all the trails marked on it but the park rules and regulations are listed. As with all park rules these are for your protection and the preservation of the park, so it is a very good idea to pick up a copy before you hit the trails. Another reason to stop first at the Visitors' Center is their display of plants and animals which can be found in the park. There are pictures of the different flowers and plants as well as our old "friend" poison oak. If you haven't learned to identify that yet, it would be a real good idea to learn it. You can also identify the various reptiles and small animals.

Garland Ranch also has a desig-

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rated Nature Trail – Buckeye Nature Trail – named for the Buckeye trees. There is a guide for it at the Visitors' Center and the trail is a good one to take to learn the names of some of the plants, trees, and animals you see in the park.

The park also boasts of a lovely waterfall (this is a must if your children are a little older than mine), an old homestead and corral, a display of old farming and ranch tools, equestrian as well as hiking trails (no motor vehicles are allowed), and Indian Rock which was used by the Rumsen, a subgroup of the Costanoan Indians, to grind

acorns and possibly other seeds.

On our most recent trip, we headed back along the Buckeye Nature Trail just as it was time for lunch. The girls had walked nearly a mile and a half which is a lot for three and not quite two year old legs. They spent the rest of the day talking about the things they had seen and all the wonderful things they could tell Daddy when he came home from school.

HOW TO GET THERE

From La Mesa Housing, take Highway 1 south to Carmel Valley Road. Follow Carmel Valley Road for about 8 miles and then watch for signs on

the right saying Garland Ranch Regional Park. Parking is just past the entrance and the parking sign is small. Then just follow the path back along the Carmel River until you come to the bridge. Cross the bridge and the park entrance is on your left. Park hours are sunrise to sunset and there is no admission charge.

For further information about the park and any other questions please call the Visitors' Center (408) 659-4488.

Information presented courtesy of Monterey Peninsula Regional Park District. □

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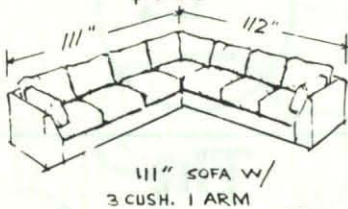
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Splendour in the Sun by Poesina

Why do you sparkle or glisten? What is it that makes you so happy? Why do we sing, dance, and feel light-headed?

The twinkle and dazzle surrounds you! The magnificent sunshine cuddles you as you hear all of the whispering and loud voices of nature. Everything and everyone has come up and out! They are doing what they must or want to do.

The array of vivid and delicate colors from gardens growing and the flowers blooming make you feel reborn again. Your smile shows your gladness, because you see, hear and feel all of the pleasure. The excitement and enthusiasm are everywhere!

As the grass grows wild and turns greener, the bushes in your yard flaunt their unique faces. The grass and shrubs have come up and out!

Almost everywhere you look the squirrels scamper up and down the trunks of the trees. The trees are be-

friendled by the furry fellows, wispy leaves, calling birds, and bright sun. The trees are happy because they finally get the real chance to hold and shake hands with their closest friends. They graciously extend their arms and hands to supply a means or home for other life.

The birds have made their nests and are mating. Their songs are light, but louder and more vibrant than ever! They sing merrily as they flutter from tree to tree, and branch to branch. They chirp and chirp as they say, "Tweet! Tweet! Tweet! Tweet!" Then, all of a sudden, you hear a sharp whistle as they take a bath in the small pool of water that is in your yard. They find their own food to eat or are being fed bread crumbs by a friend.

"Buzz! Buzz! Buzz! Buzzzzzzz!!" Bees are feeding on pollen and nectar gathered from plant blossoms. They carry pollen as they hum from flower to flower. You can stand from a distance and study a beehive. There in the hive, the bees are busier than ever socializing. You can hear "ear piercing" buzzing that sounds like "mass hys-

teria"! It is a fantastic scene of crowded activity!

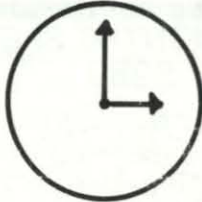
You can travel through the woods, and sit on a tree stump to see or hear all of the stirring and rustling. The buoyant hustle and bustle is all around. There is noise, yet, an unforgettable silence prevails. The forest is filled with cheerful inhabitants and harmonious color. It is a paradise, because of the free and easy way of living, and superb scenery. The creatures and the things in the woods have come up and out!

All at once, you are filled with new freshness, energy and vitality! You have come up and out of the pouring strain, for you have left the computers, "brain teasers", "book bind", and "paper chase" all behind.

You don't have to play the games of Grab and Beat the Hands on the Clock to keep the time from getting away from you; Beat your wife to the sink or shower in the morning; Beat your eggs the night before so you have time to have scrambled eggs the next day; Beat it so you can have a cup of coffee before you have to leave for your class; Beat it to get to your next class before it

(Cont. on p. 48)





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**Del Monte Room
by Chef Randy**

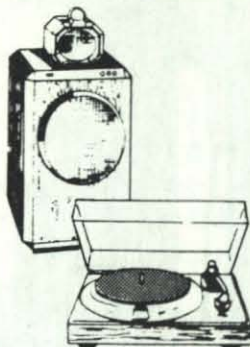
To All Students and Their Spouses:

The grand opening of the Del Monte Room, adjacent to the El Prado Room, across the hall, was held in April. Reservations have been picking up, evidence that the word is getting around campus. We are open Wednesday through Saturday evenings, with seating at 1830 hours. The menus are very creative, and reflect many different and varying cuisines. If you desire cocktails before dinner, we suggest you use the cocktail lounge. No cocktails are served in the Del Monte Room. The price of the evening is \$20.00 per person, which includes the entire dinner, with selected wines, dessert and gratuity. Dinners take approximately 3 hours to complete, so you can be assured of a relaxing and enjoyable time. The entree selection for each night is published once a month in the Recreational Services Bulletin; the remainder of the meal is left to the imagination of the Chef. For those of you concerned about allergies that you might have to certain foods, you can let us know those at the time you make your reservations. The numbers to call are 372-1339 or extension 2170. Tickets must be paid for 1 week in advance. We also request no smoking during dinner. I hope you will take advantage of this new "offering" the Officers and Faculty Club has created. I look forward to meeting you in the Del Monte Room.

Cordially,
Chef Randy



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Roaring Camp & Big Tree Railroad!

by John Parus & Nancy Willis

Although there are many well-known tourist attractions here in Northern California where you can spend your vacation or weekend time, there are also several less publicized but equally enjoyable spots to visit. One such place is but a short drive away, in Santa Cruz County . . . the Roaring Camp & Big Trees Narrow Gauge Railroad. As is true of so much of this area, Roaring Camp has an interesting history behind it.

The Roaring Camp & Big Trees Narrow Gauge Railroad is on the site of one of the first American communities west of the Rockies, established in the 1830's. Its founder, Issac Graham, was a nephew of Daniel Boone. He was a "mountain man" by trade, but was responsible for a lot more than trapping furs. In 1835 he built the area's first whiskey distillery (which inspired the name of "roaring camp"), and in 1836 organized the first revolution against the government of Mexico. In 1842, Graham built the first power sawmill west of the Rockies, and the highway connecting his mill to the beach in Santa Cruz. Three years later he would again be involved in the effort for California's independence, joining with John C. Fremont & John A. Sutter in organizing an army. The Bear Flag revolution resulted, with California being annexed to the U.S. in 1846.

After Graham's death, the Roaring Camp lands were originally going to be sold to logging companies, but a San Franciscan businessman named Joseph Welch bought the land to save



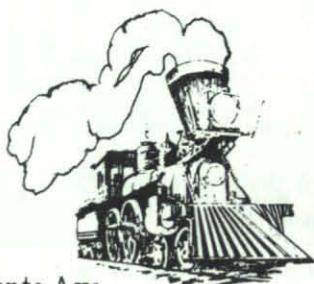
the redwoods. The lumbermen sought to build a railroad through his Big Trees land connecting the logging areas with Santa Cruz. This proposal was fought by Welch in court until 1874 when the state legislature granted the charter for the railroad. The railroad was built with a narrower width track to allow for the sharp curves required in the San Lorenzo River Canyon. Construction was completed in 1875.

In 1879 James Fair, a millionaire from the "Bonanza" of the Comstock Lode mines, took control of the railroad. He had a desire to build a narrow gauge transcontinental railroad to

compete with the Central & Southern Pacific Railroad Co. and intended to use the stretch of tracks to Santa Cruz as the base from which he would start. Within a year, his line extended through San Jose to Oakland & Alameda. The cost to do so was over \$32 million dollars; this discouraged him from continuing cross-country.

Fair sold his railroad in 1887 to the Central & Southern Pacific group. This three-foot gauge subsidiary became well known during the next two decades as a "Picnic Line", and included in its passengers such notables as Presidents Harrison and Teddy Roosevelt, as well as King Kalakaua of Hawaii. Its days were numbered though, since Southern Pacific had decided to convert the narrow gauge track to standard gauge. Although delayed by the 1906 earthquake, in late 1907 the narrow gauge tracks from San Francisco to the Big Trees had been replaced. A gradual decline in business and winter storms left the Santa Cruz to Felton line an isolated branchline by 1940.

In 1958 an effort was begun to re-



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Eagle's Eye View "WHAT IS ART?"

by Pam Bonsper

store the Roaring Camp lands to the life and times of the pioneer years. The plans, which included a proposal to re-open narrow gauge passenger train service through the Big Trees, were much bigger than the starting capitol of \$25.00. But by 1963 a narrow gauge steam locomotive and four passenger cars were ready to traverse the half-mile of track from Felton Station to the edge of the Big Trees.

This past April saw the 21st anniversary of the reopening of the Roaring Camp & Big Trees Narrow Gauge Railroad, with the "Dixiana Shay", the original engine in 1963 doing the honors. Although she was the only engine at the start, she is now one of five historic steam locomotives owned by the railroad. The others are the "Tuolumne Heisler" built in 1899 for the famous Hetch-Hetchy & Yosemite Valleys Railway; the "Kahuku Baldwin" ordered by the Hawaiian King David Kalakaua for service in Hawaii in 1890; the "Waipahu Baldwin" built in 1897 for service in Hawaii; and the "Bloomsburg Climax" the last Climax-type steam locomotive built in the world in 1928. From the first run of 44 passengers during the opening day 21 years ago, the beauty of the scenery and the interest in history and steam locomotives now brings over 100,000 people annually to ride the Roaring Camp & Big Trees Narrow Gauge Railroad.

This makes a delightful excursion on a Saturday or Sunday for the whole family. In addition to the steam train ride, passengers may enjoy a picnic lunch or buy an old-fashioned barbeque as a part of their ticket for lunch under the trees, shopping in an 1880-era general store, and walking along the paths adjoining Henry Cowell Redwoods State Park. Roaring Camp & big Tree R.R. is open every day of the year except Christmas. Discount coupons and information pamphlets are available through Special Services. For further information, contact Roaring Camp & Big Trees Narrow Gauge Railroad at (408) 335-4484. □

Over the past several months I have been starting my articles for this column with questions. I first asked, "Are you aware?" I wanted to tell the readers of *Classmate* about their unique art gallery located in Herrmann Hall. My next question, "Why the Eagle's Eye?" was answered with an explanation of the gallery's unusual name. (Especially since it is located in the basement!) For those of you who already know the answer, I won't repeat myself . . . for the rest of you, I recommend a trip to the gallery so that you can ask for yourself. Every day one of the gallery artists "sits" the gallery, and she will be glad to enlighten you on our mysterious name. My third question, "What's special about May?," told the readers about our annual 10%-off May Sale which I hope all of you took advantage of. My last question will be . . . "What is Art?"

There are so many definitions of "art" that I decided to just suggest a few and then make a few comments.

"Art is the expression of an emotion."
(The Volume Library)

"Art is the conscious production or arrangement of sounds, colors, forms, movements, or other elements in a manner that affects the sense of beauty."

(The American Heritage Dictionary)

"Art is truth."
(from Pat Boles' smock!)

In all of the definitions, the key element seems to be the esthetic . . . the presence of some part of the artist himself. I have always felt that an artist may demonstrate his craft in painting sunlight but he manifests his "art" in painting a scene that conveys his feelings to the beholder.

The actual definition of art is not important. If you will take the pains to go where actual art is and expose yourself to it, you will find yourself enjoying it, and that experience of art will give you a better idea of its essence and characteristics than all the definitions ever thought of.

A trip to The Eagle's Eye Gallery in June will bring you two special artists in two different ways. Our featured artist of the month is Selma Moskowitz
(Cont. on p. 40)



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NAVY BLEU

by Maureen Deutermann

Last month I attempted to lure husbands and children into aprons in honor of Mother's Day. It's only fair, that come June 17, Dear Old Dad should have his day in the sun. Here are some entrees that I think will be worthy of that special father in your house.

Mint sauce is really a "must" with lamb. It's expensive to buy bottled sauce at the market, but surprisingly simple to make fresh at home.

Roast Leg of Lamb with Mint Sauce

- 1 4-5 lb. leg of lamb**
- 2 cloves fresh garlic, peeled and sliced**
- 1 tsp. fresh slivers of rosemary, or ½ tsp. dry rosemary**

Remove fell, the outer papery covering, from roast. Rub meat with rosemary and garlic. Additionally, insert slivers of garlic and fresh rosemary (if you have it) under skin of roast. Place roast, fat side up, on rack in uncovered roasting pan. Place in oven which you have preheated to 450° F. Immediately lower heat to 350° F. Roast 30 minutes to the lb., or to an internal temperature of 175°-180° for a well-done roast.

Mint Sauce

- 1 cup fresh mint leaves, or ½ cup dried mint leaves**
- 2 Tbsp. granulated sugar**
- ½ cup hot water**
- ½ cup mild (not wine) vinegar**

Crush mint leaves with 1 Tbsp. of the sugar. Add hot water and remaining sugar. When sugar is dissolved, add vinegar. Best if allowed to stand about 2 hours before serving, to ripen flavors.

This pork roast is disgustingly easy to prepare; you'll want to make it more often than just Father's Day, I'm sure.

Pork Roast with Onion Gravy

- 1 loin pork roast, about 4 lbs.**
- 1 package onion soup mix**
- 1 clove fresh garlic, peeled and crushed, or 1 tsp. garlic powder**
- 2 Tbsp. flour or cornstarch**
- ½ cup water**

Rub roast with garlic. Empty onion soup mix into center of large piece of aluminum foil. Place roast, fat side up, on top of soup mix. Wrap foil around roast, covering completely. Place roast in baking pan and bake in preheated 350° F oven for 2½ to 3 hours. As with

all pork, be sure meat is well-done before serving (no traces of pink color to meat, and juices run clear). For gravy: Carefully drain juice from roast into small saucepan. Bring to simmer over low heat. Using small bowl or cup with tight cover, mix flour or cornstarch and water; cover and shake well. Gradually add flour mixture to simmering juices, stirring constantly till thickened. Correct seasonings to taste.

The following dish is equally as delicious made with veal or chicken. I'm especially fond of it for company, as it presents elegantly, and is quick to prepare.

Sauteed Veal Cutlets in Wine

- 4 veal cutlets or 2 large chicken breasts (breasts should be boned, halved and skinned)**
- ½ cup Italian-style bread crumbs**
- 4 Tbsp. butter**
- 1 cup dry white wine, such as Chablis**
- Juice of one lemon**

Pound cutlets or breasts between waxed paper until quite thin, about ⅛". Coat meat with bread crumbs. In large, non-stick skillet, melt butter over medium flame until sizzling. Add wine and lemon juice. When this mixture is bubbling nicely add cutlets and cook until browned on both sides. This will not take long if the meat has been well pounded; about 3 minutes per side. Note: You may find you will need to cook the meat in two batches so as not to crowd the pan. If so, simply use half of the butter, wine and lemon juice for each batch. Keep the first panful warm in 250° F oven until ready to serve.



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Here's one more dish to add to your barbecue collection. It's a bit more complicated than burgers, but worth every minute.

Glazed Cornish Game Hens

4 Rock Cornish Game Hens, thawed
Salt and pepper

Herb butter (recipe below)

2 Tbsp. lemon juice

¼ cup warm apricot jam or preserves

Wash hens, and pat dry inside and out. Sprinkle skin and cavities with salt and pepper. Place 1 Tbsp. of herb butter in body cavity of each bird. Fasten cavities with skewers and tie legs together. Melt remaining herb butter with lemon juice. Place hens, breasts up, on a double thickness of aluminum foil and turn up a 1-inch rim of foil on all sides. Place on grill over glowing coals. Cover barbecue and cook over slowly burning fire, basting occasionally with the herb butter mixture for 45 minutes to one hour, until tender and golden brown.

About 15 minutes before end of cooking time brush birds evenly with warm apricot jam and continue cooking until nicely glazed.

Herb Butter

Blend ½ cup softened butter with 2 Tbsp. chopped chives and ¼ tsp. crushed rosemary. □



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Where It's Happening

by Jeannine Cotner

- | | |
|----------------|--|
| June 1-2 | SUPER DAY: Toro Park, Salinas |
| June 1-2 | NOR CAL GO CART REGIONAL RACE: Laguna Seca Raceway |
| June 1-3 | UNITED VOLUNTARY SERVICES ANTIQUE SHOW: Exhibit Hall, Agricultural Bldg. Monterey County Fairgrounds, Monterey |
| June 2 | LA MESA BARGAIN FAIR: La Mesa Elementary School |
| June 7-8 | NCGA SENIOR GOLF CHAMPIONSHIP: Spyglass Hill Golf Course, Pebble Beach |
| June 9 | LA MESA RUN |
| June 9-10 | FESTIVAL OF MONTEREY COUNTY WINE AND FOOD: Monterey County Fairgrounds. 10:30 am to 6:00 pm both days |
| June 9-10 | CHERRY JUBILEE FESTIVAL: Casa de Fruta, Hollister |
| June 8-10 | SWALLOWS GOLF TOURNAMENT: Cypress Point, Pebble Beach, Spyglass Hill Golf Courses |
| June 15-17 | ANTIQUITY SHOW: Monterey County Fairgrounds |
| June 16-17 | 38th ANNUAL DRESSAGE CHAMPIONSHIPS: Equestrian Center, Pebble Beach |
| June 17 | JACK'S PEAK OUTDOOR DAY |
| June 29-30 | CATTLE SALES: Monterey County Fairgrounds |
| June 30-July 1 | MONTEREY COUNTY STRAWBERRY FESTIVAL: Santa Cruz County Fairgrounds |

Family Fun The Gizdich Ranch

Strawberry, Olallieberry, Raspberry, and Apple Picking

by Jeannine Cotner

Where can you take a family of five, fill them up with something healthy, have a terrific afternoon and spend less than \$10.00? The Gizdich Ranch in Watsonville is the place. During the year, you can pick strawberries, olallieberries (a type of blackberry), raspberries, and apples.

The ranch has approximately 95 acres of "pik-yor-sef" fruit. The Gizdich family has been operating the ranch for 49 years. Three generations of Gizdichs now help manage the ranch. They encourage families to all come out and pick and eat. They don't care how many little samples the children try. Last year, on our first trip there, Megan was only six weeks old and didn't want to sit quietly in her stroller while we picked. So, Nita Gizdich told us to go pick and then she pushed Megan all around the strawberry fields. They are just great people.

Berry Season

Strawberry season began April 28 and ends August 1. Now is the time to go while the berries are plentiful and sweet. Toward the end of the season, there are fewer strawberries on the plants and they aren't as sweet as the earlier berries. We picked strawberries on the East Coast and hunted for berries between weeds and insects. At the Gizdich ranch, each person gets his own row and there are no weeds at all! The strawberries are just waiting to be picked. Until about the middle of June, you won't have to go more than fifteen feet down a row to get six to eight pints of strawberries. Bring containers along, but if you like the cardboard boxes that the strawberries come in at the store, you can purchase them at the fields for approximately fifty cents each.

Olallieberry and raspberry picking season begins June 6 and lasts until the first week in July. Olallieberries are

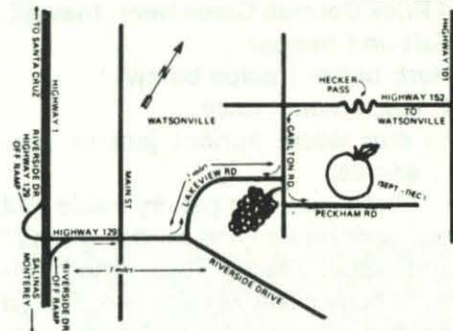
like very large blackberries. They are on shoulder-high vines and do not have many thorns. My two- and three-year olds managed to pick quite a few green berries and not get pricked.

Berries are also frozen and available to purchase year round. The Gizdichs also sell a terrific strawberry cookbook and give out other berry recipes. You *must* make their Olallieberry Pie. I used to hate pie until I tried it. The fields are open 8 to 5 daily.

Apple Season begins September 1 and lasts until January 31. The Gizdich Ranch grows seven varieties of apples. They are MacIntosh, Red Delicious, Pippin, Prime Gold, Golden Delicious, Richard Red, and Winesap. You can pick them yourself or buy them by the box. There is a very nice gift shop ("The Apple Box") with an assortment of apple and berry related items. There are several excellent cookbooks, kitchenware, and little souvenirs for the children, like apple erasers and banks. There is also an antique shop and a pie shop. The pie shop has fresh apple and olallieberry pies. Those pies are the biggest pies I have ever seen. And, they are delicious!! On Saturdays, throughout the year, you can watch the apple pressing and purchase fresh apple cider.

To get to the Gizdich Ranch, take Highway One to the Riverside Drive – Highway 129 exit in Watsonville. Go

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three miles on Riverside Drive (through Watsonville) until Lakeview Drive. Make a left on Lakeview Drive. Go about two miles and, on your right, there will be a sign for "Pik-Yor-Sef" berries. Park there if you're going berry picking. If you want to go apple picking or watch the apple pressing, continue on Lakeview until you come to Carlton. Make a right on Carlton and then take your first left on Peckham. The Gizdich Ranch will be on your left about 1/2 mile down Peckham. There are also other smaller pick-yourself places along Peckham, where you can pick plums, tomatoes, cucumbers, and other vegetables. It only takes about 20 minutes to get there. Have fun and take the kids! □



Block Parents...We Need You by Ronda Rose

Several months ago the La Mesa PTA with the help of the Monterey Police Department set up a system of Block Parents here in La Mesa. It was begun with 50 parents of school-age children and has since spread throughout La Mesa with new volunteers beginning whenever they want to. As the PTA representative, I would like to explain the program to everyone who lives in La Mesa because it affects everyone.

Who can be a Block Parent? Anyone and everyone. You do not even need to have children. That is the neat aspect of this program. Block Parents are concerned citizens who want to give protection to children who are in need. ALL Block Parents are screened by the Monterey Police Department for suitability, as a protection to the children.

What are Block Parents? Block Parents are NOT potty-stops; they are NOT watering holes; they are NOT fast-food servers; and they are NOT referees; but they ARE responsible adults that children can go to when in need. Each Block Parent has a special sign which he or she places in the window of his house so that if a child is lost, or afraid of dogs or older children, he can go to that house for help.

When do I have to be home? There is no special time to have your sign out. Just turn it out when you are home and when you are willing to welcome children. This sign is just a way of letting children know that yours is a safe house, when you want to. It is best to have it out during daylight hours and at dusk if you are home, because this is the time that children would need it the most. If your schedule makes it so that you are not home a lot, you can still be a Block Parent because children are always running around and *all* help is welcome.

Where do I go to sign up? As long as school is in session, you can go to the elementary school office and ask to be added as a volunteer. You will

be asked to give your name and driver's license number and these will then be checked by the Monterey Police Department and you will be called to pick up your sign as soon as your name has been cleared. Once school is out or if you cannot get to the school office you can call Ronda Rose at 375-0838. If you give her your name, address, and driver's license number she will contact you when your sign is ready to be picked up.

What do I tell my children? Just tell them to look for the houses with the bright yellow and red house in the window, if they are ever in trouble or need help in a hurry. Let them know that these adults are there to help them when they are in trouble, but not to use the houses unless they really do need help.

With summer coming and children spending more time outside, your help is needed as a Block Parent. If you will be willing to be a Block Parent, please give us a call. Either call the La Mesa Elementary School at 649-1872 or Ronda Rose at 375-0838. If you have questions, we will be happy to answer them.

I want to thank the Monterey Police Department for all of their help and assistance in setting up and maintaining the Block Parent Program. Officer Douglas Ravaglioli has spent many hours on our behalf. □

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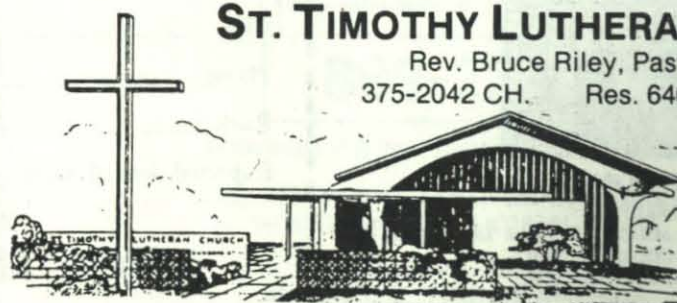
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Parks & Recreation Areas

by Kristi Austin,
Girl Scout Cadet Troop 2098

Whispering Pines Park on Pacific Street has no playgrounds. It has an amphitheater, a lot of picnic tables, and bathrooms.

Jacks Peak Park off of Pearl Street has slippery slides, swings with chains, bathrooms, climbing domes, and a merry-go-round which is low to the ground. The climbing domes may be dangerous for young children. It is in a sandy, fenced-in area. There are benches, lighted tennis courts, and a ballfield. It would be mostly for 2 to 8 year olds.

Laguna Grande Park is located between Monterey and Seaside just down the road from K-Mart. There are picnic tables, a bridge that you can cross over the lake, and sidewalks on both sides. There are large grassy areas. This is a good bird-watching area. There is no playground equipment.

Don Dahvee Park is behind Del Monte Shopping Center. This park has

nature trails and a picnic area and is heavily wooded. There is no playground equipment.

Peter J. Ferrante Park is by the back gate of NPS. There are swings with chains, a safe slide, a merry-go-round that is hard to hold on to, benches to sit on, and picnic tables. It is beside a ballfield and is on a very quiet street.

The Picnic Area at the Navy Golf Course has a volleyball net, barbeque facilities, restrooms (not always open), swings, seesaws, rings and a bar. There is a ballfield, a place for horse-shoes, and some rocking animals for children to play on. You need to make reservations for this area for group usage.

Everyone's favorite is Dennis the Menace Park on Pearl Street. This area has equipment suitable for toddlers to older children. It is in a fenced-in area but is usually very busy. Some of my favorite things are the suspension bridge, the slide, and the train. The train is dangerous for younger children unless closely supervised. There are swings, several kinds of slides, tunnels, a maze, climbing equipment, and a little balance beam. There are water fountains and a snack bar nearby. There is also a small swim-

ming pool next to the park.

Veterans Memorial Park is at the end of Skyline Drive. There is overnight camping, trails, a nature area, picnic areas, a turf playfield and play equipment. There are bathrooms.

A lot of playground areas are found in La Mesa Housing Area. The castles are a favorite area of many young La Mesa residents. During non-school hours the tires and slide and playground equipment at La Mesa School are also well-used.

There are other parks in the area such as Via Paraiso Park, Montecito Park, Oak Knoll Park, Fisherman's Flats Park, Scholze Park and Hoffman Park. If you haven't been to Toro Park, you have missed a lot of fun. There are large grassy areas, a lot of playground equipment, trails to hike on and a lot of space for picnics. There is a fee to get into the park.

Saddle Mountain Recreation Area is in Carmel Valley. There is overnight camping, a playground area, a swimming pool which opens in June, and hiking is allowed up the 1000-foot peak. There are 100 acres in this privately-owned recreation area. There is a charge for camping and day use. I took swimming lessons here before I

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The Frog Pond Natural Area is located off Canyon Del Rey and you enter it just opposite of Via Verde. This is a hiking area. There is a large variety of vegetation and over 50 kinds of birds can be found in this area. This area changes during the year according to how much rain we have received.

Another good area for hiking is Pt. Lobos. You need to stay on the trails and use extreme caution when near the water. You are not allowed to pick up shells or anything. There are lots of hiking areas there. You can get maps from the Ranger. There is a fee to enter the park unless you are on a bike or hike in.

Mission Trail Park is located across from Carmel Mission. This is another area for hiking and watching birds and seeing all kinds of vegetation. I went on this trail with a Lyceum class. We also hiked in Toro Park and Jacks Peak which are beautiful areas. A hike I took with the Girl Scouts was the Bay to Bay Hike. We went from Carmel Beach to the wharf up through Del Monte Forest. If you are interested in this hike, the Girl Scout Council will be having another Bay to Bay Hike this summer.

A place I passed on the way from Royal Oaks Park is the Ponderosa. We have not been to this area but it sounds like a fun place. It is a private fishing pond. You pay to fish for bass, crappie, catfish, bluegill and an occasional trout. No fishing license is required. There is a picnic area with tables and barbeque pits. It is open year-round. It is just outside of Prunedale on San Miguel Canyon.

My family enjoys summer with lots of swimming, going to the beach, bowling at the NPS lanes, and paddle-boat-ing. I have taken a lot of classes through the Lyceum, and the Girl Scout Council offers a large variety of summer activities.

NPS Tennis Association

The Naval Postgraduate School Tennis Association is an active organization sponsoring activities for tennis players of every level of play and degree of competitiveness. NPSTA activities include: singles and doubles tournaments, play days, World Team Tennis, singles' leagues, and men's

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and ladies' doubles interclub teams. NPSTA membership is required for the above activities except play days. Dues range from \$3.00-\$7.00/yr. depending upon the type of membership. Applications are available in the Recreation Office or call Johnna Goulding at 372-7692.

TENNIS INSTRUCTION

Individual, doubles and group tennis instruction is provided through the Recreation Office in Herrmann Hall. Rec. Service's authorized instructors are Mary Drag and Jane Porter. Payment for instruction is made directly to the Rec. Services Office. The cost of lessons normally depends upon class size. For more information, contact Rec. Services.

INSTRUCTORS

Mary Drag

Castro Valley resident, Mary Drag, is a recent addition to the tennis instruction staff. She is also an instructor with the Newark Recreation District and recently won the competitive Amador Valley Athletic Club's singles championship.

Mary coaches the Ladies' Interclub "B" and "C" teams as well as giving individual and small group lessons. She stresses percentage tennis and has modified what she learned at Dennis van der Meer's tennis teaching clinic to fit the needs of her students.

Mary will be holding three-day clinics June 4, 5, and 6, and in July (date not yet determined). The clinics will consist of 1 hour of instruction per day, with 1-4 people per class. Check with the Rec. Services Office for further details on fees, etc.

Messages concerning lessons with Mary will be relayed through the Rec. Office or call her collect: (415) 537-6917 (evenings).

Jane Porter

For the past 2½ years, Jane Porter has been contracted by Rec. Services to teach beginner level tennis. She coaches both Ladies "D" Interclub doubles teams as well as giving lessons to individuals and groups.

Jane has attended 2 USTA teaching clinics that focused on the latest in tennis teaching techniques and a 6 month series of clinics at Stanford that involved both lessons and teacher training.

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Jane will be holding two 2-week Youth Clinics beginning July 9 for ages 6-16. The Clinics will consist of eight 1-hour sessions, running Monday-Thursday at a cost of approx. \$24.00 per clinic.

The "D" Team Clinics on Monday and Wednesday mornings will continue, not only for teams, but also for women without doubles partners. Jane may be contacted at 649-0530. □



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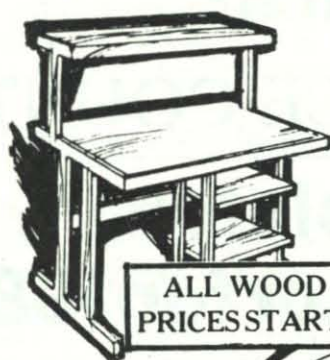
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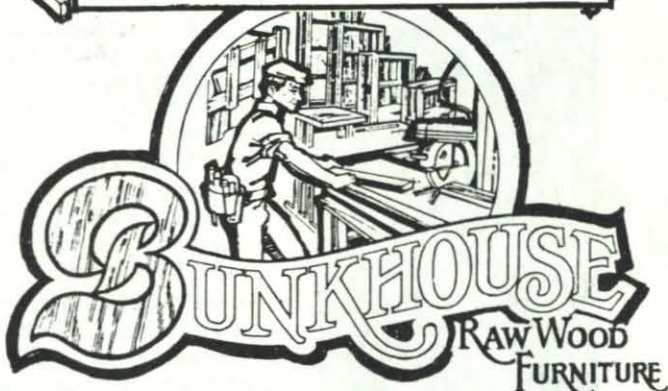
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(Cont. from p. 31)

who has been with the gallery for four years. Selma works mainly with oils, but has also done china painting, tole painting and ceramics. She has taught classes both at DLI and Ft. Ord. Selma's paintings will be on display on our inside wall for the entire month of June.

On display on our "farewell" wall will be the paintings of Jan Walder, our dedicated, hard-working, sincere, caring President, who will be leaving the gallery in June. Jan and her husband will be stationed in Hawaii, but fortunately much of Jan will be left behind in the form of her artwork. Those of you who have purchased Jan's work will understand just what I mean... and for those of you who have the opportunity during June to purchase one of her paintings... take advantage! She is a unique person whose paintings are a true expression of herself.

As I turn over my job as publicity chairman and as I turn over my time to *Classmate* advertising, I just want to say that I have learned so much being a member of the gallery. Gals, thanks for the insights and continue to believe in art... it is, indeed, truth!

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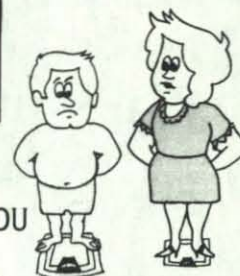
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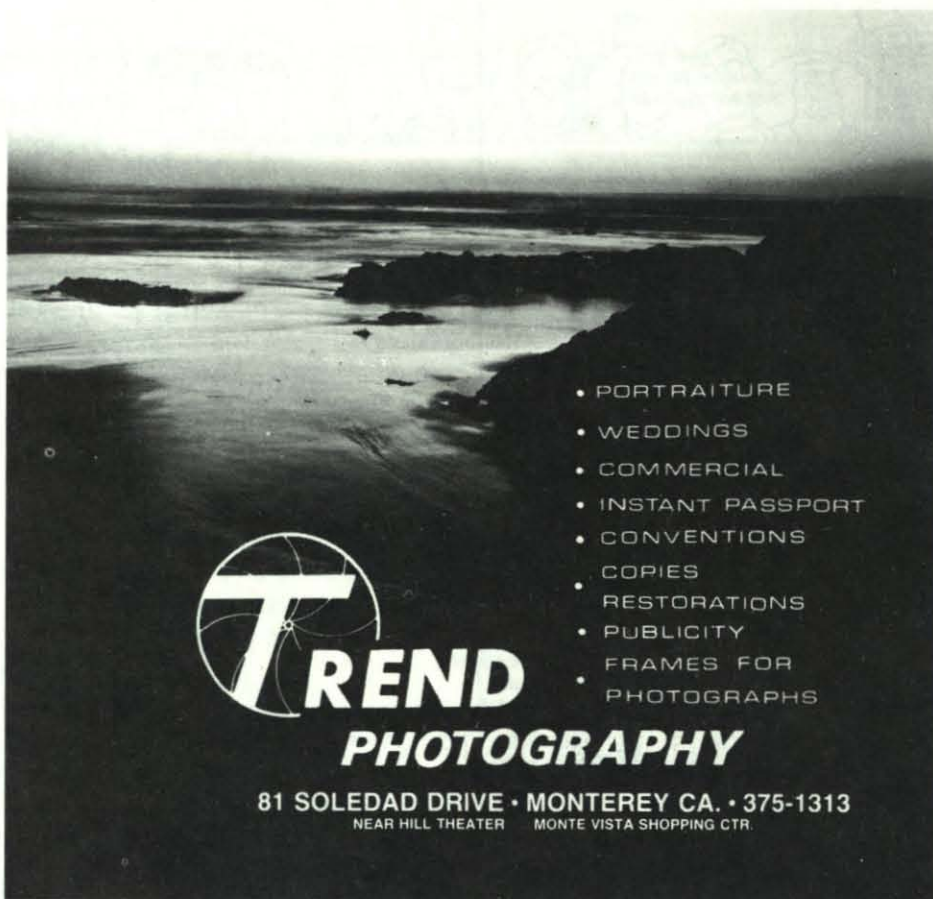
loon rotated and I saw the crew running and leaping over a field of tall weeds to reach the basket before it hit the ground and bounced back into the air. A rather comic return to earth, but the landing was flawless, the balloon settling back to earth as gently as it had flown away.

During the next flight, while I rode with Cat and the other crew members, the wind started to pick up and the balloon's progress started to become a little erratic. Twice Chris made abortive landings, descending and being forced back into the air by gusts of wind before we could reach the basket.

We had to stop periodically to await instruction, once next to a pasture with three horses. Cat told us to watch the animals while the balloon flew over and, indeed, it was amusing to watch them watching that giant colorful thing in the air. Animals, it seems, become very disturbed by balloons; dogs bark,

horses (like these) try to run away, and chickens, if the balloonists get too close, go completely crazy. Another thing balloonists have to avoid are plowed fields, as we saw graphically illustrated when Chris finally did get to land. The best place turned out to be a farm road between an alfalfa field and a newly planted field. We ran across the alfalfa field and grabbed a rope dropped from the basket and dragged it to the road where it touched down. We hadn't even stopped before the farmer arrived, in a great cloud of dust, to inform Chris that if he'd landed in his newly plowed field he'd be in big trouble. Chris went out of his way to reassure the farmer that balloonists are very careful about where they land. In my opinion, what the farmer needed was a ride in a balloon for himself.

Now that the balloon was down, I was surprised how efficiently it was deflated and packed on the narrow strip



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of road. And so, I thought, that ended my first balloon experience. But, I was wrong, there was more to come.

Back at the launch site I was amazed to discover that it was only 9:30 in the morning and I was holding a beer in my hand. Then it was initiation time! The three of us who were first-time flyers knelt on the ground facing the sun while Chris read the balloonist's prayer and entertained us with a story as to why balloonists drink champagne. But, that wasn't all, next we had to . . . wait, I'm not going to tell what happened next. If you want to know, you know what to do, don't you?


As a student at NPS Chris doesn't have much time to do the flying he'd like to do, and he does not hire out his balloon, but if you do want to go flying, the person to contact is Ken O'Connor of the 194th Aerostat Squadron Dawn Patrol out of Morgan Hill. Ken flies every weekend, weather permitting, and his balloon is for hire.

Acquiring a license for hot air ballooning is similar to acquiring a license to fly any other aircraft. You need to take ground school and to pass a written exam. In the air, 10 hrs. flight time (3 of which need to be solo) with a Certified Flight Instructor are the minimum requirements. This is followed by an in-flight exam. As Chris stated, this is a self-regulating sport, and flight instructors use their discretion in their flight time requirements. To earn a commercial rating, 35 hrs. of flight time is required. However, 15 of these hours may be in a fixed-wing aircraft with 20 hrs. in a free balloon. Ten of the hours must be included in six flights with a commercial balloon pilot, and two of the flights must have a duration of one hour or more. Two solo flights are also required.

Now, you might say, what does a balloon cost? Chris feels that you can buy a basic balloon setup, new, for around \$7-8 thousand for the bottom range. As far as the top range, the sky is the limit. So if ballooning is your dream, good luck, and great flying! □

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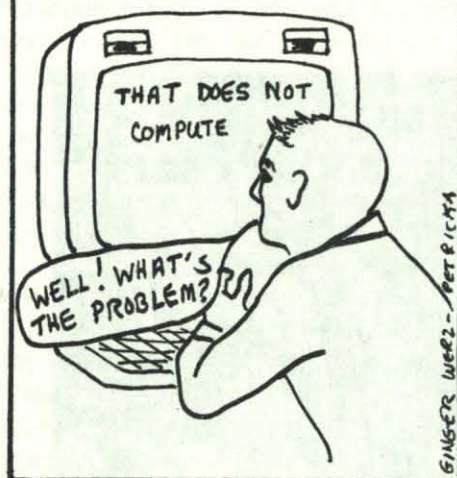
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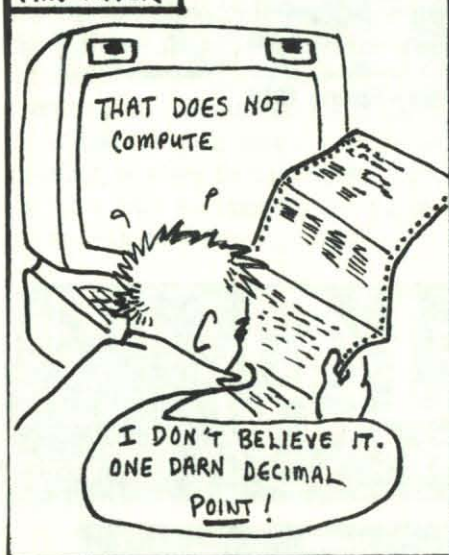
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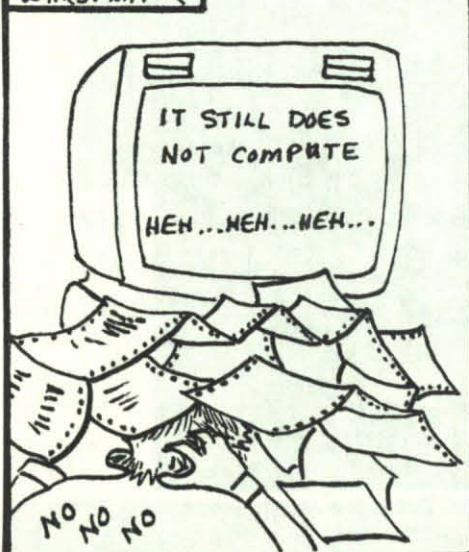


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(Cont. from p. 24)

Fishing in Lake Tahoe is fair, if you know where the fishing hot spots are, the correct gear to use, and fish at dawn or dusk. The lake is stocked with Rainbow and Brown Trout (which are also native to the lake), Mackinaw Trout and Kokanee Salmon, a landlocked form of the Pacific Sockeye. For those fishermen who prefer stream fishing, there is Taylor Creek, Trout Creek and the Truckee River, all of which have good seasonal fishing.

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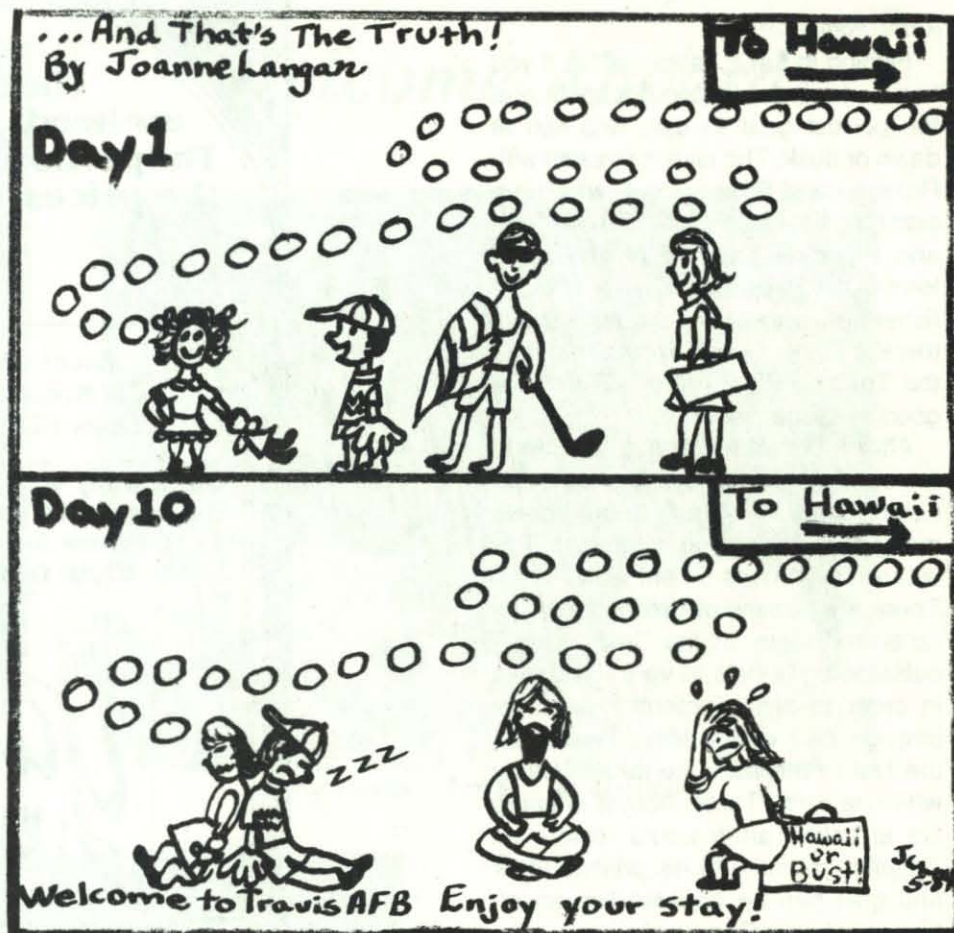
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(Cont. from p. 28)

starts to drizzle outside; and Beat it to finish an exam in the amount of time allotted! Beat it everywhere before it Beats you!! The HOT BEAT!!

Spring Break is PARTY TIME! It is "Beach, Blanket, Bingo"! Do not forget your sunglasses, a blanket, plenty of cold beverages to drink, and a coat. It is the most playful time of the year. It is the time for a strained mind and body to breathe easy and relax. It is a breaking away in a stupendous way! The sun, that enormous ball of light, peeks out to wink at you from behind a cloud. It clutches, bursts, and throws everything and everyone into liveliness and SPLENDOR! The optimism, vitality, and excitement is all around. Everything and everyone has come alive!! The sun is a great source of energy. It not only warms and heats the outside, but it cuddles and affects us inside.

Mind is at ease and we are comfortable with whatever we choose to do. We breathe easily as we bask in the sunshine. Gratification and that special feeling of enchantment surrounds us.



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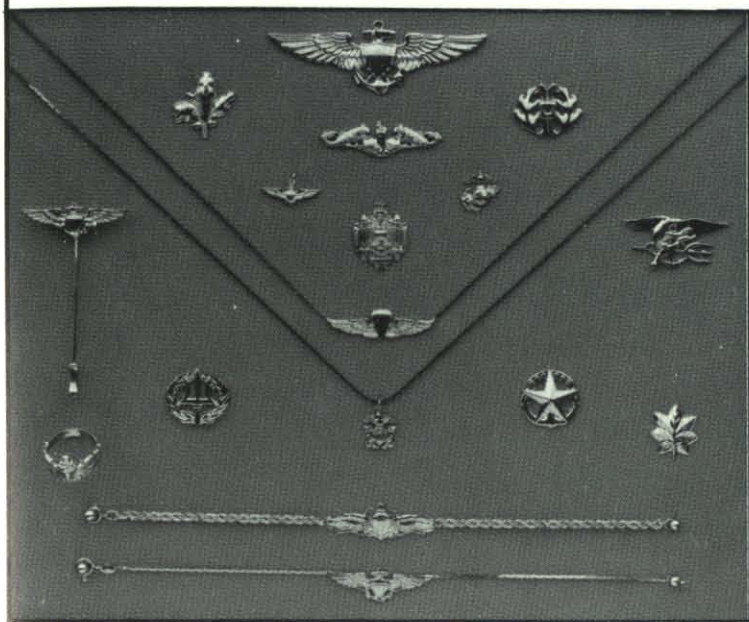
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You have more free hours giving you a more carefree attitude. You feel as unchained as the wind to be spontaneous for you can "blow around" whenever and wherever you please. You can face who you want to face, rap when you feel like rapping, listen if and when you want to listen, and run or jog quickly away when you can't stand none of it no more. You can really "hang loose"! You are free! You have come up and out! You can do what you must or want to do. You will find or have found your very own SPLENDOR IN THE SUN!!! ☐



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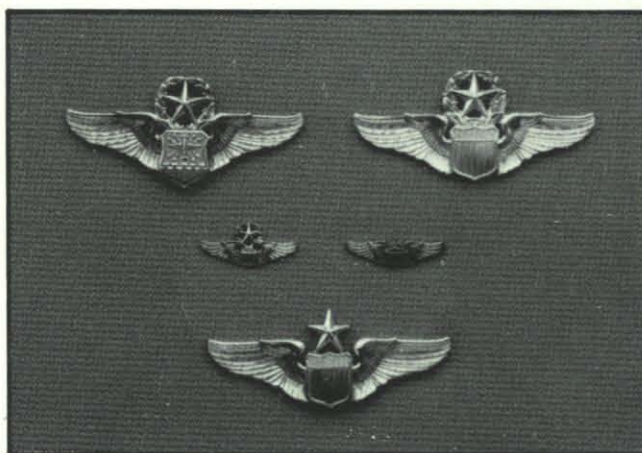
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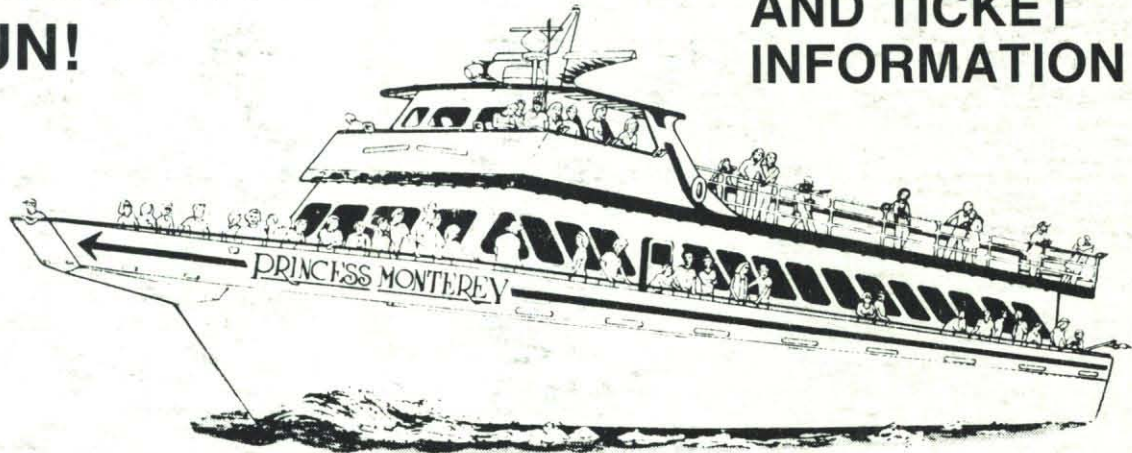
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